

NANHE PANNE

CHILDREN'S MAGAZINE



DECEMBER 2025

ISSUE NO.02

CHILDREN OF
MORMUGAO TAKE
THE LEAD

- **Featuring Poem
by Dynamic Doll
Girls Group**
- **Featuring
Slogans by
Children of Birla**
- **Creative Charts**
- **Children's Voices**
- **Success Stories**
- **ARZ Highlights**



FOREWORD

It is with great joy and renewed hope that we present the second edition of Nanhe Panne a magazine created by children, for children.



JULIANA LOHAR,
DEPUTY DIRECTOR, ARZ

For over 25 years, ARZ has worked closely with children to ensure their safety, dignity, and right to grow up free from exploitation and trafficking. Over the years, we have learned that protection is not only about safeguarding children from harm, but also about listening to them, trusting their voices, and creating spaces where they can express themselves freely. Nanhe Panne is one such space. Through stories, drawings, poems, and reflections, children share their thoughts, everyday realities, dreams, and questions. The response to the first edition encouraged us to continue this journey. This second edition reflects deeper confidence, growing curiosity, and stronger voices. It stands as a testament to the trust built between the children and the ARZ team, and to the belief that when children are heard, they begin to lead. This initiative has been made possible through the committed efforts of the ARZ team and the generous financial support of Azim Premji Foundation, whose belief in child participation and creative expression has strengthened this platform.

As you read this edition, *“I invite you to pause, reflect, and truly listen. The children featured here are not only sharing their stories they are shaping the future. I look forward to seeing Nanhe Panne continue to grow and inspire, carrying children’s voices far and wide.”*

INTRODUCTION

ABOUT ARZ

ARZ (Anyay Rahit Zindagi) is a development organization, working on the issue of sexual violence in Goa for the past 27 years. ARZ’S approach centers on community engagement and collaboration with government agencies, while also strengthening protection systems, providing direct support to victims, and networking with civil society organizations to combat these issues effectively.

ABOUT ANKUR

Ankur is an ARZ initiative designed to minimize the vulnerability of children to sexual abuse, commercial sexual exploitation, and involvement in anti-social activities. This participative program targets children in the slum areas-mainly in Baina, Zari, Birla, Shantinagar, Gandhinagar and Mangor, aiming to reduce delinquent behavior and promote positive lifestyle changes. Continuous work with children in the community on their behavior and education has empowered them to pursue lives of dignity and respect, steering the second generation towards a positive way of living.



“In the last edition of Nanhe Panne, we spoke about problems we see around us things that make life difficult and need to change. This time, we took a small step forward. While we still talked about problems, we also started looking at what is good and changing in our communities! In our groups, we have been asking why these problems happen and what can be done to fix them.

This time, we are sharing both the things we want to change and the things that are changing! Because when we notice what’s getting better, we feel hopeful. And when we speak up about what’s still wrong, we make sure things keep improving.”

Lets hear the voices of some of the boys and girls working in groups formed by Arz from Baina, Birla, Shanti Nagar and Mangor who shared some problems and positive changes they see in their community

Road Safety

There are no speed breakers on the roads. Because of this, people drive fast and often run over sleeping dogs. Even people and youngsters meet with accidents. It is hard for people to cross the road safely.

Affected area: Baina



Unhygienic Washrooms

Public washrooms often do not have enough water, making it difficult to use. This causes a lot of inconvenience for people in the community.

Affected Area: Mangor



VOICES

Voices of the children during group sessions



Garbage Disposal

There is a lot of garbage everywhere, which makes life difficult for people.

The bad smell from the garbage reaches our houses, especially affecting children. This has caused many children to fall sick.

Affected Area: Baina, Mangor, Birla, Shantinagar



Street Light Not Working

Our area's street light is not working properly. It keeps switching on and off, making it hard for us to walk around at night. This is a safety issue, for us children while walking at night becomes scary. We kindly request that the streetlight be repaired or replaced as soon as possible

Affected Area: Baina



Playground Issues

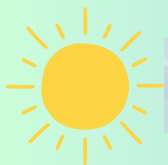
The playgrounds are usually occupied by boys, leaving little space for us girls.

We hope that we girls will get a place to play and also hold organize activities us.



Lake Pollution

The nearby lake is polluted with garbage like plastic bottles and food wrappers, creating health risks by attracting mosquitoes that spread diseases such as dengue and malaria. This pollution also harms the lake and the environment. We urge the authorities to take immediate action to clean the lake and conduct awareness programs to promote environmental responsibility.



Good Things Are Happening! And YES, you may ask what!



Say No to Alcohol

“Earlier, there was a bar in the area, which created many problems. Drunk people would fight and make the place unsafe. Some of them also stared at girls in a bad way. Now, things have improved as the bar has been closed and Ambedkar club has their office. we feel safe.”

Om Sai Group, Baina



‘Where community meets celebration’ Community Stage Build at Mangoor

“One of the best things that happened in Mangoor is the new community stage built by the government! This stage gives everyone a place to come together and celebrate festivals, weddings, and other special events. But that’s not all! They also helped by giving money to hire a DJ for community programs, making our celebrations even more fun! We are really happy and thankful for this. Now, our community has a place to gather, enjoy, and celebrate together!”

SSM Girls, Mangor





“A girl child is a butterfly, let her get out of the cocoon, and fly.”

-SSM Girls, Mangor



They say that the "cocoon" represents the limitations and obstacles that prevent a girl child from accessing education or reaching her full potential and "Let her get out of the cocoon" means providing girls with access to quality education, resources, and opportunities that will help them break free from the constraints that hold them back. Moreover, "Fly" symbolizing the empowerment, independence, and limitless possibilities that come with education. In essence, the child is saying:

"Let girls have the opportunity to educate themselves, and they will soar to great heights, achieving their dreams and reaching their full potential."

Poem by Dynamic Doll Girls Group

कच्चा पापड़, पक्का पापड़, कच्चा पापड़, पक्का पापड़,
गीला कचरा, सूखा कचरा,
कचरे के हैं दो प्रकार, गीला कचरा, पेड़-पौधा के पत्ते,
मछली अंडा साँस,
सूखा कचरा, चमड़ा गला लोहा,
प्लास्टिक, प्लास्टिक, कांच, कटाज,
कोई फाड़ या कचरा,
गीला कचरा, सूखा कचरा,
गीला कचरा, डालेंगे हम हर पूड़ेदान से,
सूखा कचरा, डालेंगे पीला पूड़ेदान से।



VOICES

Voices of the children during group sessions

What does the Om Sai Group in Baina have to say?

“Some months ago, we talked about how bad the toilets in Baina were. They were dirty, broken, and had no water, making it really hard for people to use them. The doors were broken too, and no one was taking care of them. We wrote about this problem in Nanhe Panne because we wanted things to change.

And guess what? Now, the toilets are being fixed! New doors have been put up, and the place is getting cleaned. There’s also a better water supply.

See for yourself!”



BEFORE



AFTER

SLOGANS BY CHILDREN



-Anjali. M.
Madar, Birla

Picture This: Our Voice!



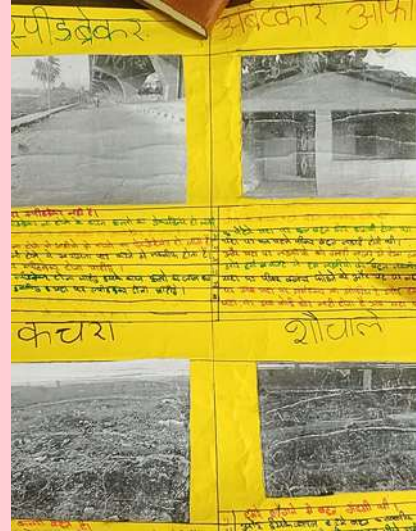
SSM Girls Group, Mangor



Dream Girls, Shantinagar



Dynamic Dolls, Birla



Om Sai Group, Baina

Moreover, the group Dream Girls, from Shantinagar highlight the issues of Garbage, light and water pollution etc.



Dream Girls, Shantinagar

KEY HIGHLIGHTS OF ARZ

- **Collaboration with Municipal Councillors and Police**



3 Workshops were conducted on **"Empowering Equality: Understanding Gender and Strength "** at Zari with the presence of our esteemed Guests- 'Santosh Naik (Panch from Sancoale Panchayat) & PSI Nikhil Desai'. At Baina Govt School - 'Narayan Borkar, Municipal Councillor, 'Ramchandra Kamat- Vice Chair Person and 'Paresh Usgaonkar , Police constable and in Mangoor - ' Amay Anil Chopdekar' and Sonu Kor Gaonkar (Constable)



Workshops conducted with Children from Child Care Institutions



GIRL CHILD DAY CELEBRATION WITH THE CHILDREN OF MORMUGAO



INTERACTION OF PARENTS WITH MEMBERS OF CHILD WELFARE COMMITTEE(SOUTH)



WORKSHOP ON 'STRENGTHENING NGO RESPONSE TO DOMESTIC VIOLENCE'



SESSIONS ON CYBER CRIME BY GOA POLICE IN SCHOOLS AND COMMUNITIES



The sessions were conducted in school as well as in the community to create awareness on cyber crime



SESSIONS ON CHILD SEXUAL ABUSE ONLINE AND OFFLINE



Reaching out to boys and girls in various areas of Mormugao Taluka in the community



PLAYING 'JANO KHELO JEETO', A METHOD TO EDUCATE PARENTS ON CHILD SAFETY



Door-to Door Feedback from children on Arz work



Session on Child Sexual Abuse- ONLINE and OFFLINE in collaboration with Balwadi (Birla), ICDS< DWCD, Goa



Meetings with Youth, members of Ambedkar Club at Baina



- **Taluka Level meet held in Mormugao to safeguard children against sexual offenses.**



Training on 'Child Trafficking' held with the Amma Foundation from Karnataka



Interaction with Youths from Goa and Hospet to address the issues of Devdasi Practices



SUCCESS STORIES

CASE STORY

Jiya Naik (Name changed) was just 5 years old when her mother admitted her to a boarding school. Soon after the death of her mother she began to work hard and managed to complete her 10th standard. Deciding not to pursue further studies, Jiya found her interest in working as a beautician and began focusing on developing her skills.

With support from Ms. Juliana, she enrolled in a three-month training program at Naomi's in Panjim. However, she faced the challenges of managing her own expenses. At 16, she started working full-time. In 2022, seeking better opportunities, Jiya took a bold step and moved to Dubai. The transition was tough-- she worked hard to improve her skills in beauty services.

Now, after two years in Dubai, Jiya looks back with pride. She has built an independent life, traveling confidently and often visiting Goa. Jiya's journey is a testament to her resilience and determination.



INTERNATIONAL GIRL CHILD DAY-2025

ARZ in collaboration with the Child Welfare Committee, South Goa felicitated young girls from marginalised communities for their extraordinary achievements!!



Ms. Annapurna Chalwadi

Empowerment through Skill Development



Ms. Riya Yadav

Sports Achievement



Ms. Aashu Chaudhari

Resilience & Determination



Ms. Shanti Sharma

Sports and Achievement



Ms. Anuja Kalel

Bravery and Initiative



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Municipal Councillors



**Mr Girish Borkar, Chairperson
MMC**



**Ms. Ranjita Pai, Chairperson
Goa State Women Commission**



**Pravin Jay Pandit,
Mamledar/Executive Magistrate**



**Mr. Chandrakant Bagoria,
Deputy Collector-Vasco**



Sada Police Station



**Mr. Gurudas A. Kadam,
DYSP, Vasco**



PHOTO GALLERY



CALL WHEN IN DISTRESS:

Police: 112

ChildLine: 1098

Women Helpline: 181

Cybercrime :1930

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Supported By:



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