

RESOURCE DIRECTORY

**Government Schemes and Helplines
for Victims of Sex Trafficking**

- Schemes -

- Shelter Homes for Women -

- Helpline Numbers -

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Acknowledgment

This resource directory has been developed as part of Anyay Rahit Zindagi's (ARZ) ongoing work in the rehabilitation of victims of commercial sexual exploitation in Goa and the coordination with source states such as Maharashtra, West Bengal, Uttar Pradesh, and Delhi.

Over the course of our interventions, it became evident that one of the most critical challenges in the rehabilitation process is the delay in accessing services. Whether related to health, legal aid, housing, or livelihood, these delays often deepen the vulnerability of victims and can seriously compromise the process of reintegration. We found that frontline workers, survivors, and institutional caregivers frequently lacked clear, consolidated information about the schemes and support systems available to them — both at the central and state levels.

This directory was created to respond to that gap. It brings together essential schemes across multiple sectors, organized in a way that can support timely and coordinated interventions. It is intended to be a practical tool for social workers, police personnel, government officials, and other stakeholders working directly with victims.

We are grateful to Ms. Tamanna Khatoon and Ms. Sailee Gosavi for compiling this directory. We also thank Dr. Mariette Correa for her expert editing and for sharing insights drawn from her many years in the anti-sex-trafficking field.

We would also like to express gratitude to ECPAT Luxembourg and the U.S. Department of State, Office to Monitor and Combat Trafficking in Persons for supporting the production of this Directory as part of the Mukti South Asia Project. We hope that this directory will be a useful aid to those engaged in anti- trafficking work, enabling connecting the victims with government schemes and in taking, informed decisions in support of victims' recovery and rights.

Mr. Arun Pandey
Co-founder & Director
ARZ

Introduction

This Resource Directory is published by ARZ (Anyay Rahit Zindagi) with the support of ECPAT Luxembourg and funding from US Department of States, Office to Monitor and Combat Trafficking in Persons. It provides a consolidated reference of government schemes and helpline numbers structured into two principal sections— (i) Schemes; (ii) Shelter Homes for Women; and (iii) Helpline Numbers — each subdivided into Central Government entries and State Government entries for Goa, Maharashtra, West Bengal, Delhi and Uttar Pradesh. The Directory is intended as a reference tool for governmental agencies, non-governmental organizations, law enforcement bodies, service providers, and other stakeholders engaged in prevention, rescue, rehabilitation, and advocacy efforts.

Recognizing that Maharashtra, West Bengal, Delhi, and Uttar Pradesh are major source states in the context of ARZ's operations, this Directory is designed to facilitate rapid access to essential resources. Timely intervention is critical for survivors and for those coordinating services; the Directory therefore aims to reduce delays by presenting information in a clear, organized format.

Schemes have been grouped by key categories such as legal aid, health and nutrition, livelihood and skill development, education, and social security. The shelter homes listed include statutory bodies and recognized NGOs operating at state levels. Helpline numbers include immediate-response contacts related to women's support, child protection, senior citizens, cybercrime, and mental health emergencies.

While every effort has been made to ensure relevance and utility, this Directory does not claim to be exhaustive. The lists of schemes, services, and organizations are indicative rather than comprehensive and may evolve over time. Users are encouraged to verify details with the concerned departments or organisations as needed.

Through this Directory, stakeholders can more readily identify and access the services necessary to support survivors and strengthen anti-trafficking interventions.

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1.1

Central Government Schemes

The Government of India runs a wide range of welfare schemes to support vulnerable groups, particularly women and children. These schemes address critical needs such as rescue, shelter, health, education, livelihood, and legal aid. For survivors of trafficking and gender-based violence, timely access to such schemes can provide immediate relief and long-term rehabilitation. The following sections highlight important Central Government schemes relevant to victims and survivors.

1.1.1 Schemes for Victims of Sex Trafficking

A. Ujjawala Scheme

Purpose	Prevention of trafficking, rescue, rehabilitation and reintegration of victims of trafficking for commercial sexual exploitation.
Implementing Agency	Ministry of Women and Child Development, Government of India.
Eligibility Criteria	Women and children vulnerable to, or victims of, trafficking for commercial sexual exploitation.
Institute to Contact	Social Welfare / Department of Women and Child Development
Link	https://byjus.com/free-ias-prep/ujjawala-scheme/ [Date accessed 23/6/2025]

B. Swadhar Greh Scheme

Purpose	Institutional support for women in difficult circumstances—providing shelter, food, clothing, counselling and vocational training to help them live with dignity
Implementing Agency	Ministry of Women and Child Development, Government of India.
Eligibility Criteria	Women in difficult circumstances, including survivors of violence and trafficking.
Institute to Contact	Social Welfare / Department of Women and Child Development
Link	https://www.india.gov.in/spotlight/swadhar-greh-scheme [Date accessed 23/6/2025]

1.1.2 Schemes for Legal Aid, Care, Protection, & Shelter

A. One Stop Crisis Centre Scheme

Purpose	Providing immediate emergency, non-emergency support, which includes legal, medical, psychological counselling services, aiding the affected women
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Implementing Agency	Ministry of Women and Child Development, Government of India.
Eligibility Criteria	Aggrieved women/girls of any age, who are victims of violence, regardless of caste, class, religion, region, marital status, or sexual orientation
Assistance	Shelter /Support -Emergency response and rescue services, medical assistance, assistance in lodging FIR/NCR/DIR, psycho-social counselling, legal aid and counselling, temporary shelter (up to 5 days for women and their children – girls of all ages and boys up to 8 years), and a video conferencing facility to support police and court proceedings.
Institute to Contact	NGO or any other front-line worker
Link	One Stop Centre Scheme, Launched Date, Eligibility, Benefits [Date accessed 23/6/2025]

B. National Legal Services Authority Scheme

Purpose	Providing free legal aid, protection, and rehabilitation support to vulnerable and marginalized groups
Implementing Agency	Ministry of Women and Child Development, Government of India.
Eligibility Criteria	women, children, trafficking victims, acid attack survivors, SC/STs, mentally ill, elderly, transgender persons, etc.
Assistance	Legal services, representation in court, rehabilitation assistance and aid
Institute to Contact	District or State Legal Services Authority
Link	https://www.drishtijudiciary.com/important-institutions/national-legal-service-authority-nalsa [Date accessed 23/6/2025]

C. SMILE (Support for Marginalised Individuals for Livelihood and Enterprise) Scheme

Purpose	To provide rehabilitation, skill development, and financial assistance for transgender individuals and the people involved in begging
Implementing Agency	Ministry of Social Justice and Empowerment, Government of India.
Eligibility Criteria	Transgender community and the people engaged in the act of begging.

Assistance	Healthcare, legal aid and skill training, temporary shelter, scholarship for education, protection cell
Institute to Contact	State Social welfare Department or NGO
Link	https://schemes.vikaspedia.in/viewcontent/schemesall/schemes-for-unemployed-and-poor/smile-scheme-for-support-for-marginalised-individuals-for-livelihood-and-enterprise?lgn=en [Date accessed 23/6/2025]

D. Working Women Hostel Scheme

Purpose	Providing safe and conveniently located accommodation for working women whose husband or family does not reside in a same city
Implementing Agency	Ministry of Women and Child Development, Government of India.
Eligibility Criteria	Working women who is a wwidowed, single, sseparated, physically handicapped, falls under below poverty line or undergoing training
Assistance	Accommodation to working women
Institute to Contact	Social Welfare/ DWCD
Link	https://pradhanmantriyojana.co.in/working-women-hostel-scheme/ [Date accessed 23/6/2025]

E. Garima Greh Scheme

Purpose	To provide shelter and essential facilities for destitute and abandoned transgender persons
Implementing Agency	Ministry of Social Justice and Empowerment, Government of India.
Eligibility Criteria	Abandoned or destitute transgender, The Garima Greh Scheme provides shelter and support to transgender persons above 18 years of age who hold a valid Transgender Certificate issued through the National Portal. Preference is given to those living below the poverty line, who are abandoned, stigmatized, and discriminated against. Beneficiaries must not be engaged in begging or sex work to be eligible.
Assistance	Shelter, food and medical care
Institute to Contact	Social Welfare/ DWCD

Link	https://www.egovtschemes.com/garima-greh/ [Date accessed 23/6/2025]
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1.1.3 Schemes for Health and Nutrition

A. Integrated Child Development Services (ICDS)

Purpose	To improve nutrition, health, and early childhood education for children under 6 years and care for mother
Implementing Agency	Women and child development department, Maharashtra
Eligibility Criteria	Children under 6 years old, pregnant women, lactating mother, and adolescent girls
Assistance	Free supplementary nutrition, preschool education, and health check up
Institute to Contact	Anganwadi Centre
Link	https://icds.gov.in/en/about-us [Date accessed 23/6/2025]

B. Poshan Abhuyan Scheme

Purpose	Improving nutritional outcomes for children under six years, adolescent girls, pregnant women, and lactating mothers
Implementing Agency	Ministry of Women and Child Development, Government of India.
Eligibility Criteria	Children under six years, adolescent girls, pregnant women, and lactating mothers
Assistance	Various Nutritional Supplements
Institute to Contact	Anganwadi
Link	doc202112111.pdf [Date accessed 23/6/2025]

C. Pradhan Mantri Matru Vandana Yojana (PMMVY) Scheme

Purpose	To provide maternity benefit to pregnant and lactating women, aged 19 years or above for their first live birth and second baby girl child, so as to improve Sex Ratio at Birth by discouraging female feticide
Implementing Agency	Ministry of Women and Child Development, Government of India.
Eligibility Criteria	Pregnant and lactating Women belonging to socially and economically disadvantaged sections of society
Assistance	Cash of Rs.5000/- or Rs.6000/-
Institute to Contact	Local Anganwadi/Government Hospital
Link	https://www.myscheme.gov.in/schemes/pmmvy [Date accessed 23/6/2025]

D. Beti Bachao Beti Padhao (BBBP) Scheme

Purpose	Improve the child sex ratio, ensure gender equality and women empowerment, prevent gender-biased, sex selective elimination, ensure survival and protection of the girl child, encourage education and participation of the girl child, to save life of a girl child and provide education to a girl child
Implementing Agency	Ministry of Women and Child Welfare, Health and Family Welfare and Human Resource Development
Eligibility Criteria	Any 2 girl children in a family , Girl child under aged 10 years; Having Sukanya Samridhi Bank Account
Assistance	Financial support through Sukanya Samridhi Bank account, high interest on deposit and tax benefits
Institute to Contact	Women and Child Department, Post Office or any Banks
Link	https://www.ibef.org/government-schemes/beti-bachao-beti-padhao [Date accessed 23/6/2025]

1.1.4 Schemes for Livelihood and Skill Development

A. Mahila e-Haat Scheme

Purpose	To empower women entrepreneurs on online marketing platform by providing them a direct interface to sell their products and services
Implementing Agency	Women and Child Development
Eligibility Criteria	Indian women entrepreneurs, Self-Help Groups (SHGs), and women-led enterprises
Assistance	To promote online services and sell their product
Institute to Contact	Mahila e-Haat Website
Link	What is Mahila e-Haat Scheme? Benefits, Eligibility, Registration Process – Business Khabar [Date accessed 23/6/2025]

B. Pradhan Mantri Shramyogi Mandhan Yojana Scheme

Purpose	Providing pension to unorganized workers mostly engaged as home based workers, street vendors, mid-day meal workers, head loaders, brick kiln workers, cobblers, rag pickers, domestic workers, washer men, rickshaw pullers, landless laborers, own account workers, agricultural workers, construction workers, beedi workers, handloom workers, leather workers, audio-visual workers ¹ and similar other occupations whose monthly income is Rs 15,000/- per month or less and belong to the age group of 18-40 years
Implementing Agency	Social Justice and Special Assistance Department
Eligibility Criteria	Unorganised workers aged between 18 to 40 years
Assistance	Cash amount of Rs.3,000/- pm after attaining 60 years of age
Institute to Contact	Ministry of Labour Scheme Department
Link	https://labour.gov.in/pm-sym [Date accessed 23/6/2025]

1. A technician who is responsible for the setup, operation, and maintenance of audio and visual equipment used in various events, presentations, and productions)

1.1.5 Schemes for Education and Scholarships

A. Pre-matric Scholarship Scheme

Purpose	Supporting students from Scheduled Castes (SC) and other disadvantaged categories to continue their education at the pre-matric level
Implementing Agency	Ministry of Social Justice and Empowerment, Government of India
Eligibility Criteria	Belong to Schedule Caste
Assistance	Finance assistance to states with majority Schedule Caste population
Institute to Contact	Department of Social Justice/Educational Institutions
Link	https://socialjustice.gov.in/schemes/23 [Date accessed 23/6/2025]

B. Post-Matric Scholarship Scheme

Purpose	Providing financial assistance to students from economically weaker sections, particularly Scheduled Castes (SC) and minority communities, to help them pursue higher education
Implementing Agency	Ministry of Minority Affairs, Government of India
Eligibility Criteria	Schedule Caste and other minority communities
Assistance	Financial Assistance such as tuition fees, maintenance allowance, and other educational expenses for courses for post-secondary education, including graduate and postgraduate programs. Scholarships are awarded based on merit and financial need.
Institute to Contact	Educational institutions
Link	Post-Matric Scholarship for SC students [Date accessed 23/6/2025]

C. Scheme of Top Class Education for ST Student

Purpose	Providing financial assistance to meritorious Scheduled Tribe (ST) students pursuing higher education in premier institutions across India
Implementing Agency	Ministry of Tribal Affairs, Government of India
Eligibility Criteria	Schedule Tribe pursuing higher education in premier institutions
Assistance	Living expenses, books, and laptop costs, Full tuition fee reimbursement for students in government institutions and cash up to ₹2 lakh per annum for private institutions
Institute to Contact	Department of Tribal Welfare
Link	Scholarship of Top Class Education For SC students India Science, Technology & Innovation - ISTI Portal [Date accessed 23/6/2025]

D. National Overseas Scholarship Scheme for Higher Studies Abroad

Purpose	To support low-income students from marginalized communities in pursuing higher education abroad
Implementing Agency	Ministry of Social Justice and Empowerment, Government of India
Eligibility Criteria	Belong to Schedule Caste, OBC, with admission to Masters or PhD program
Assistance	Tuition fees, maintenance allowance, travel expenses, living expenses, medical insurance and visa fees
Institute to Contact	Ministry of Social Justice and Empowerment Government of India
Link	https://socialjustice.gov.in/schemes/28 [Date accessed 23/6/2025]

E. Rajiv Gandhi National Fellowship (RGNF)

Purpose	To financially support Scheduled Caste (SC) students pursuing M.Phil. and PhD degrees in various disciplines, including Sciences, Humanities, Social Sciences, and Engineering & Technology
Implementing Agency	Ministry of Social Justice & Empowerment, Government of India

Eligibility Criteria	Schedule Tribe pursuing M.Phil. and PhD degrees
Assistance	Cash amount based on merit and financial need
Institute to Contact	University Grant Commission
Link	https://www.myschemes.gov.in/schemes/rgnfscc [Date accessed 23/6/2025]

1.1.6 Schemes for Pensions and Social Security

A. Pradhan Mantri Jan Dhan Yojana (PMJDY) Scheme

Purpose	To provide affordable access to financial services such as bank accounts, remittances, credit, insurance, and pensions to all citizens, especially those people in rural areas and economically weaker sections
Implementing Agency	Department of Financial Services, Government of India.
Eligibility Criteria	Minor above aged 10, man and woman of any age
Assistance	Zero Balance Account, Rupay Debit Card, Over draft Facility
Institute to Contact	Any Banks
Link	Pradhan Mantri Jan Dhan Yojana- Details, Eligibility, Documents [Date accessed 23/6/2025]

1.2

State Government Schemes

In addition to central initiatives, many state governments run their own welfare schemes tailored to local needs and contexts. These schemes complement national programmes and ensure that survivors receive targeted support closer to their communities. The following are important schemes implemented by the State Government of Goa, Delhi, West Bengal, Maharashtra and Uttar Pradesh.

1.2.1 Goa

The Government of Goa has launched several schemes that reflect the state's commitment to social welfare. These initiatives provide financial security, rehabilitation, and support services with a focus on women and vulnerable communities. Highlighted below are the major Goa-specific schemes available to survivors.

1.2.1.1 Schemes for Victims of Sex Trafficking

A. PRABHAT (Goa Technical/ Vocational Training to Sex Workers and Sexually Abused Women) Scheme, 2013

Purpose:	Provides technical/vocational training for sex workers and sexually abused women to enable them to earn for their livelihood through such technical/vocational training and skill
Implementing Agency:	Directorate of Women & Child Development, Government of Goa
Eligibility Criteria:	Women and Children who are victims of Commercial Sexual Exploitation
Assistance:	Stipend of Rs.2,500/- every month; technical/vocational training, medical, psycho-social service, livelihood, shelter, reintegration, protection,
Institute to Contact:	Dept. of Women & Child Development
Link:	https://www.myscheme.gov.in/schemes/gtvtswsawwws [Date accessed 23/6/2025]

B. Goa Compensation Scheme for Women Victims/Survivors of Sexual Assault/Other Crimes, 2018

Purpose:	The scheme aims to provide financial assistance to women who have suffered loss or injury due to crimes, facilitating their rehabilitation
Implementing Agency:	Goa State Legal Service Authority
Eligibility Criteria:	Women victims or their dependents who have suffered loss or injury due to crimes
Assistance:	Finance Assistance upto Rupees 10 lakhs

Institute to Contact:	State/Districts Legal Service Authority
Link:	https://drive.google.com/file/d/1EMnv_hmRl3_wl9AjQzBhIH36AsjSa_JB/view?usp=share_link [Date accessed 23/6/2025]

1.2.1.2 Schemes for Legal Aid and Protection

A. Foster Care Scheme (Vatsalaya)

Purpose:	Provides temporary care for children in difficult circumstances, such as parental loss, illness, or abandonment, rehabilitation and reintegration
Implementing Agency:	Directorate of Women & Child Development, Government of Goa
Eligibility Criteria:	Orphans, abandoned children, or those in conflict with the law
Assistance:	Cash of Rs.2,500/- every month
Institute to Contact:	Directorate of Women & Child Development/Child Welfare Committees/ NGO
Link:	https://www.myscheme.gov.in/schemes/fcsv [Date accessed 23/6/2025]

B. Shelter Home for Women

Purpose:	Provides temporary shelter and support to women who have no family or social support systems to rely on and rehabilitate the women socially and economically by provision of skill training, counseling
Implementing Agency:	Directorate of Women & Child Development, Government of Goa
Eligibility Criteria:	Women who have no family and social support
Assistance	Salary component and maintenance expenditure
Institute to Contact:	Dept. of Women & Child Development
Link:	https://www.myscheme.gov.in/schemes/gtvtsawsawwws [Date accessed 23/6/2025]

1.2.1.3 Schemes for Health and Nutrition

A. Deen Dayal Swasthya Seva Yojana Scheme

Purpose:	To provide universal health insurance coverage for Goan residents and reduce the financial burden of medical treatment
Implementing Agency:	Directorate of Health Service, Government of Goa
Eligibility Criteria:	Resident of Goa for at least 5 years; includes spouse, unmarried children, and dependent parents/in-laws
Assistance:	Finance assistance for Hospitalization expenses, Surgeries, Diagnostic tests, Daycare procedures, Pre- and post-hospitalization (limited period), Some maternity and child care benefits
Institute to Contact:	District Hospitals, Director of Health Service, Campal, Panjim
Link:	https://www.policyx.com/health-insurance/articles/deen-dayal-swasthya-seva-yojana/ [Date accessed 23/6/2025]

1.2.1.4 Schemes for Financial Empowerment

A. Ladli Laxmi Scheme

Purpose:	Aim towards erasing the general perception that the birth of a girl in the family is the burden on her parents/guardian during her marriage
Implementing Agency:	Directorate of Women & Child Development, Government of Goa
Eligibility Criteria:	Any women having 15 years of residency of Goa, parents born in Goa having 15 years residency or parents born out of Goa having 25 years residency and parental income does not exceed Rs. 3.00 lakhs per annum
Assistance:	Cash upto Rs.1 lakh as one time incentive on attaining a age of 18 or on the occasion of a marriage between the age of 18 to 45
Institute to Contact:	Directorate of Women & Child Development, Panaji-Goa
Link:	Laadli-Laxmi-Scheme.pdf [Date accessed 23/6/2025]

B. Grih Aadhar Scheme

Purpose:	To provide financial assistance to married women from middle, lower-middle, and economically weaker sections in order to help them maintain a reasonable standard of living for their families
Implementing Agency:	Directorate of Women & Child Development, Government of Goa
Eligibility Criteria:	Any married women above the age of 18, having 15 years residency of Goa and gross income of husband and wife combined does not exceed Rs. 3 lakhs p.a
Assistance:	Cash Rs.1,500/- every month
Institute to Contact:	Directorate of Women & Child Development, Panaji-Goa
Link:	https://www.myscheme.gov.in/schemes/gas [Date accessed 23/6/2025]

C. Mamta Scheme

Purpose:	Provides financial incentives to mothers who deliver a girl child (upto 2 girl child) in a registered medical institution. It aims to improve the female child sex ratio in the state.
Implementing Agency:	ICDS (Integrated Child Development Services)
Eligibility Criteria:	Resident of Goa for at least 3 years or married to a resident of Goa; must apply within 45 days of the birth of a live girl child
Assistance:	Cash of Rs.10,000/- as one time incentive
Institute to Contact:	Aganwadi Centre
Link:	Financial Incentives To Mothers Who Deliver A Girl Child (Mamta) [Date accessed 23/6/2025]

1.2.1.5 Schemes for Skill Development

A. Grant-In-Aid Scheme to provide Financial Assistance to Mahila Mandals/Women's Help Groups

Purpose:	To provide financial assistance to a registered Mahila Mandals/Self Help Groups for training/orientation for members of the Mahila Mandal/ Self Help Groups for generating their own activity for self-employment within the territory of Goa
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Implementing Agency:	Directorate of Women & Child Development, Government of Goa
Eligibility Criteria:	The Mahila Mandals/Women's Self-Help Groups should have valid registration with the Department of Women & Child Development, Panaji-Goa, shall be operating successfully for their members within the State of Goa and there shall be a minimum of 20 members for training/orientation
Assistance:	Cash Rs.20,000/- as annual grant and Rs.2,000/- for training orientation
Institute to Contact:	Dept. of Women & Child Development
Link:	Grant-in-Aid Scheme To Provide Financial Assistance To The Mahila Mandals/ Women's Self-help Groups (SWAWLAMBHAN) [Date accessed 23/6/2025]

1.2.1.6 Schemes for Education and Scholarship

A. Fee Waiver Scheme for SC/ST

Purpose:	To provide free access to higher education for eligible students belonging to Scheduled Castes (SC) and Scheduled Tribes (ST). It shall be the endeavour of the Government to see that no eligible SC/ST students are deprived of higher education for want of resources
Implementing Agency:	Ministry of Social Justice & Empowerment, Government of India
Eligibility Criteria:	Schedule Tribe and Schedule Tribe pursuing first year degree or postgraduates course, born in Goa having 15 years residency of Goa
Assistance:	Full Fee Waiver from tuition fees, library fees, laboratory fees and development fees.
Institute to Contact:	University Grant Commission
Link:	www.myscheme.gov.in/schemes/fwsscstsphe [Date accessed 23/6/2025]

B. Gagan Bharari Shiksha Yojana

Purpose:	To support Scheduled Tribe (ST) students by providing additional funds for food, travel, and disability-related expenses as the maintenance allowance given under the Post Matric Scholarship is inadequate to meet the expenses on food & travel
Implementing Agency:	Department of Tribal Welfare, Government of Goa

Eligibility Criteria:	Should be a schedule Tribe students, must be a regular, full-time student studying in a recognized Institution / University, should have availed or should be eligible for Centrally Sponsored Post-Matric Scholarship during the current Academic Year and the income of parents/guardians of the applicant should not exceed ₹ 5,00,000 p.a
Assistance:	Cash amount of Rs.7500/- to Day Scholars for 10 Months or 15,000/- to Hostellers for 10 Months
Institute to Contact:	University Grant Commission
Link:	Financial Assistance to ST Students under "Gagan Bharari Shiksha Yojana" [Date accessed 23/6/2025]

1.2.1.7 Schemes for Pensions and Social Security

A. Dayannad Social Security Scheme (DSSS)

Purpose:	To provide financial assistance
Implementing Agency:	Directorate of Women & Child Development, Government of Goa
Eligibility Criteria:	Senior Citizen, Single Woman, Widow, Person with Disabilities and unmarried women above the age of 50 years
Assistance:	Cash upto Rs.2,000/- or Rs, 2,500/- or 3,500/-
Institute to Contact:	Directorate of Social welfare, Panjim/Office of Deputy Director, Margao
Link:	https://socialwelfare.goa.gov.in/dayanand-social-security-scheme-dsss/ [Date accessed 23/6/2025]

1.2.2 Maharashtra

Maharashtra implements a range of schemes to safeguard women and marginalized communities, combining financial aid, legal support, and rehabilitation services. These initiatives are designed to respond to both urban and rural challenges in the state.

1.2.2.1 Schemes for Sex Trafficking

A. Manodhairya Scheme for Rape victims, Children who are victims of Sexual Offence and Acid Attack Victims (Women and Children)

Purpose:	Provide Shelter, Financial Assistance, Medical and Legal Aid and Counselling Services to the victims of rape, sexual offence, ITPA, acid attacks etc.
Implementing Agency:	The Women and Child Department, Government of Maharashtra
Eligibility Criteria:	Victims of rape and sexual assault, acid attack survivors, children victimized under the POCSO Act, minor girls rescued under The Immoral Traffic (Prevention) Act, 1956
Assistance:	Compensation amount 1lakh to 10 lakhs, medical support, legal aid, rehabilitation services, trauma support
Institute to Contact:	State/District Legal Service Authority
Link:	Law Web: Maharashtra's Manodhairya Scheme: Rehabilitation Support for Sexual Crime Victims Amid Controversial Recovery Provisions [Date accessed 23/6/2025]

B. Swadhar Yojana Scheme

Purpose:	Providing holistic support of shelter, rehabilitation, education, skill development, counselling, financial independence
Implementing Agency:	The Ministry of Women and Child Development, Government of Maharashtra
Eligibility Criteria:	Women who have been victims of violence, trafficking, or abuse, as well as those in difficult circumstances, such as destitute widows, women prisoners, and survivors of natural disasters
Assistance:	Shelter, counselling, skill development, emotional healing and psychological resilience, access to formal and non-formal education

Institute to Contact:	Women and child development, Maharashtra
Link:	https://testbook.com/mpsc-preparation/maharashtra-swadhar-yojana [Date accessed 23/6/2025]

C. Sanjay Gandhi Niradhar Grant Scheme

Purpose:	Provide financial assistance to the Destitute Men and Women below 65 Years of Age, Orphan Children, all categories of Person with Disability (PwD), Men and Women, etc.
Implementing Agency:	The Department of Social Justice & Special Assistance, Govt. of Maharashtra
Eligibility Criteria:	Domicile/resident of Maharashtra, must belong to BPL family or having family annual income upto Rs. 21,000/-, Destitute Men and Women below 65 Years of Age, Orphan Children, all categories of Person with Disability (PwD), Men and Women Who Are Unable to Sustain Themselves Due to Diseases Like Tuberculosis, Cancer, Aids, Leprosy, Destitute Widows (including widows of farmers who committed suicide), Women in the Divorce Process and Divorced but not receiving Alimony, Women Who Have Been Tortured and Released From Prostitution, Transgender, Devadasi, Unmarried Women Above 35 Years of Age, The Wives of Prisoners Serving Sentences in Jail, Those Suffering From Sickle Cell Disease
Assistance:	Financial assistance of ₹ 600/- per month, if there is one beneficiary and ₹ 900/- per month, if there is more than one beneficiary in the eligible family
Institute to Contact:	Collector/Tahsildar/Talathi Office
Link:	https://www.myscheme.gov.in/schemes/sgnsgs#benefits [Date accessed 23/6/2025]

1.2.2.2 Schemes for Health and Nutrition

A. Baby Care Kit scheme

Purpose:	To provide Rs.2000/- worth baby care kits as a gift to moms on birth of 1st children in the family
Implementing Agency:	The Dept. of Women and Child Development, Government of Maharashtra
Eligibility Criteria:	First-time mothers who deliver in government hospitals or primary health centers; must register within two months of delivery.

Assistance:	Baby care kit such as baby clothes, towel, plastic diaper (nappies), body massage oil, thermometer, mosquito net, woollen blanket, shampoo, etc
Institute to Contact:	Hospital or Anganwadi center
Link:	https://sarkariyोजना.com/maharashtra-baby-care-kit-scheme-kits-moms-infants/ [Date accessed 23/6/2025]

1.2.2.3 Schemes for Livelihood

A. Swarnima Scheme

Purpose:	Aims to support self-employment activities and enhance financial independence by providing low-interest loans directly into the bank accounts of female beneficiaries from the Other Backward Classes (OBC)
Implementing Agency:	Department of Social Justice & Special Assistance, Government of Maharashtra
Eligibility Criteria:	Belong to the Other Backward Class (OBC) category, domicile of Maharashtra and age group between 18 to 50 years, annual income of a family not exceed 98, 000/- in rural area and 1,20,000/- in urban areas
Assistance:	Loan upto Rs.5,00,000/-, low interest rate of 5% p.a, repayment period of up to 3 years to ease financial planning
Institute to Contact:	District Office of the Leather Industries Development Corporation of Maharashtra (LIDCOM)
Link:	https://www.myscheme.gov.in/schemes/sma [Date accessed 23/6/2025]

B. Shubhmangal Vivah Yojana

Purpose:	Objective of this scheme is that the poor farmers/agricultural laborers should not be burdened financially for the marriage ceremony of their daughter; they should not take loans for it.
Implementing Agency:	The District Planning and Development Committee, Government of Maharashtra
Eligibility Criteria:	Marriage certificate of girl and boy aged not less than 18 and 21 years respectively; belongs to poor farmers/agricultural laborers family and domicile of Maharashtra
Assistance:	subsidy of Rs.10,000 per couple

Institute to Contact:	The Women and Child Department, Maharashtra
Link:	https://mahabharti.in/yojana/shubhmangal-vivah-yojana/ [Date accessed 23/6/2025]

1.2.2.4 Schemes for Skill Development

A. Mahila Udyam Nidhi Yojana

Purpose:	It offers financial assistance and credit facilities to women entrepreneurs in production, manufacturing, and service-related industries.
Implementing Agency:	Women and Child Development Department, Government of Maharashtra
Eligibility Criteria:	Entrepreneurs initiating or operating MSMEs, Tiny Units, or Small-Scale Industries (SSI); the financial holding of women entrepreneurs should be at least 51%, businesses in manufacturing, production, services, or trading sectors, MSMEs with a minimum investment of ₹ 5 lakh, activities include business expansion, improvement, diversification, and technology upgradation, project cost should be at least 10 lakhs
Assistance	Loan upto Rs. 2.5 lakhs with lower interest rate
Institute to Contact:	Online portal or Banks
Link:	https://www.tatacapital.com/blog/loan-for-business/mahila-udyam-nidhi-scheme/ [Date accessed 23/6/2025]

1.2.2.5 Schemes for Health and Nutrition

A. Mukhyamantri - Majhi Ladki Bahin Yojana

Purpose:	To give economic freedom to women in the state, age group of 21 to 65 years, improving their health and nutrition and strengthening their decisive role in the family.
Implementing Agency:	Women and Child Development Department, Government of Maharashtra
Eligibility Criteria:	Married women, widowed, divorced women, abandoned and destitute women and one unmarried woman in the family, aged between 21 to 65 years, annual income of the applicant's family should not exceed Rs.2,50,000/-, must be a resident of Maharashtra

Assistance:	Cash amount of Rs.1,500/ pm
Institute to Contact:	Women and Child Development Department, Government of Maharashtra
Link:	Mukhyamantri - Majhi Ladki Bahin Yojana [Date accessed 23/6/2025]

1.2.2.6 1.2.2.6 Schemes for education and Support

A. Lake Ladaki Scheme

Purpose:	To increase the birth rate of girls by encouraging the birth of girls, promoting girl child education, reducing girl mortality, preventing child marriage, reducing malnutrition rates and working towards bringing the out-of-school ratio of girl child down to zero
Implementing Agency:	Women and Child Development Department, Government of Maharashtra
Eligibility Criteria:	This scheme applies to girl children born on or after 1st April 2023 in families holding yellow or orange ration cards. The annual income of the beneficiary family should not exceed ₹1 lakh. The beneficiary's bank account must be located within the state of Maharashtra. For disbursement of the third installment for the first girl child, and the second installment for the second girl child, it is mandatory for either the mother or father to submit a family planning certificate
Assistance:	Cash amount of Rs.5,000/- for a girl child born on or after 1st April 2023, Rs. 6,000 in class I, Rs. 7,000 in class VI, Rs. 8,000 in class XI. After the beneficiary girl reaches the age of 18 years, a total amount of Rs. 101,000 will be given
Institute to Contact:	Integrated Child Development Services Scheme Project Office
Link:	Lake Ladaki scheme Zilla Parishad Dharashiv India [Date accessed 23/6/2025]

B. Savitribai Phule Scholarship

Purpose:	To encourage enrollment and to decrease the dropout ratio of girls in the education of Maharashtra from Vimukta Jati and Nomadic Tribes (VJNT) and Special Backward Classes (SBC), studying in 8th to 10th standard
Implementing Agency:	The Social Justice and Special Assistance Department, Government of Maharashtra

Eligibility Criteria:	Girl students should belong to VJNT or SBC category and should be studying in 8th to 10th standard in a recognised school
Assistance:	Cash Rs.1000 /- for 10 months
Institute to Contact:	District Social Welfare Zilla Parishad of the respective district or the headmaster of the school
Link:	https://www.myscheme.gov.in/schemes/sps/ [Date accessed 23/6/2025]

1.2.2.7 1.2.2.7 Schemes for Pensions and Social Security

A. Shravanbal Seva State Pension Scheme

Purpose:	A monthly pension to destitute persons who are permanent residents of Maharashtra
Implementing Agency:	The Social Justice and Special Assistance Department, Government of Maharashtra
Eligibility Criteria:	The destitute men and women who are 65 years or above in age, and whose family is listed as "Below Poverty Line" or annual income of the family less or equal to Rs.21,000/-
Assistance:	Cash Rs.600/- pm
Institute to Contact:	Collector/Talathi Office
Link:	https://www.myscheme.gov.in/schemes/sbssps#benefits [Date accessed 23/6/2025]

B. Free Bus Pass Scheme for Disability Person

Purpose:	For persons with disabilities, allowing them to travel free of cost on state-run buses
Implementing Agency:	Persons with Disabilities Welfare Department
Eligibility Criteria:	Disabled person of all age with 40% of disability or more who are residents of Maharashtra
Assistance:	Free travel on Maharashtra State Road Transport Corporation (MSRTC) buses
Institute to Contact:	MSRTC office or local municipal corporation.

Link:	Free Bus Pass Scheme for Disability Person [Date accessed 23/6/2025]
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C. Indira Gandhi National Widow Pension Scheme (IGNWPS)

Purpose:	Providing pension to widow in age group of 40 to 79 years whose family falls under Below Poverty Line
Implementing Agency:	Social Justice and special assistance Department
Eligibility Criteria:	Widow in age group of 40 to 79 years BPL
Assistance:	Cash amount of Rs.1,500/- pm
Institute to Contact:	Collector Office/Tahsildar Office, Sanjay Gandhi Niradhar Anudan Yojana Branch / Talathi Office
Link:	https://sjsa.maharashtra.gov.in/scheme/indira-gandhi-national-widow-pension-scheme/ [Date accessed 23/6/2025]

1.2.3 West Bengal

West Bengal has introduced multiple welfare schemes with a strong focus on vulnerable women and children, including survivors of trafficking. The state's programmes emphasize rescue, rehabilitation, and socio-economic reintegration.

1.2.3.1 Schemes for Victims of Sex Trafficking

A. West Bengal Victim Compensation Scheme

Purpose:	Aims for the rehabilitation of sex workers and victims of sex trafficking in West Bengal
Implementing Agency:	Legal Service Authority, west Bengal
Eligibility Criteria:	Victims/dependents of Sex trafficking/sex worker who sustained substantial loss of income due to a loss and injury
Assistance:	Cash amount of Rs.50,000/-, Rs.1,00,000/- Rs.200,000/- or Rs.3,00,000/-
Institute to Contact:	State Government Agencies/NGO
Link:	WB-VC-Summary-1.pdf [Date accessed 23/6/2025]

B. Muktir Alo Scheme

Purpose:	Aims for the rehabilitation of sex workers and victims of sex trafficking in West Bengal. This scheme focuses on providing a chance for a life filled with dignity for girls and women who are facing these tough situations. It also works towards offering new career opportunities for sex workers while safeguarding the rights of those who have suffered from trafficking
Implementing Agency:	Civil Society Organisations of west Bengal
Eligibility Criteria:	Victims of sex trafficking/sex worker
Assistance:	Carrier opportunities, entrepreneurship development training, shelter at a protective home

Institute to Contact:	State Government Agencies/NGO
Link:	West Bengal Women Development Undertaking , Government of West Bengal [Date accessed 23/6/2025]

1.2.3.2 Schemes for Shelter and Rehabilitation

A. Chaa Sundoori Scheme

Purpose:	To support Tea Garden Workers of Schedule Tribe Community of West Bengal by providing them constructed house
Implementing Agency:	Government of west Bengal
Eligibility Criteria:	Any resident of West Bengal who is houseless, poor and permanent tea garden worker of West Bengal
Assistance:	A constructed house free of cost is provided having 1 kitchen, 1 toilet, 1 verandah and 2 rooms, with an area of 394 sq. mtrs.
Institute to Contact:	District Office of Department of Housing of West Bengal Government
Link:	West Bengal Chaa Sundari Housing Scheme Government Schemes Of India [Date accessed 23/6/2025]

1.2.3.3 Schemes for Health and Nutrition

A. Sishu Sathi Scheme

Purpose:	To provide free treatment to children needing heart surgeries. Partnering with both government and private hospitals, the scheme ensures that children up to the age of 18 years, diagnosed with heart conditions, receive free surgery and related care, irrespective of how rich or poor the parents are
Implementing Agency:	Health and Family Welfare Department, Government of West Bengal
Eligibility Criteria:	Child aged between 0 - 18 years diagnosed with a cardiac ailment requiring surgical intervention
Assistance:	Free health check up in schools and free cardiac surgeries, who are diagnosed with heart ailments

¹ Permanent workers are those listed on the tea garden's regular employment rolls, employed continuously, and officially recognized under the Plantations Labour Act, 1951.

Institute to Contact:	Government hospitals or Partner Private Hospitals		
	a)	IPGMER,	Kolkata
	b)	RN Tagore, International Institute of Cardiac Sciences,	Kolkata
	c)	BM Birla Hospital,	Kolkata
	d)	Mission Hosiptal, Durgapur	
Link:	Sishu Saathi https://wbxpress.com/shishu-sathi-scheme/		
	[Date accessed 23/6/2025]		

B. Sishu Aloy Scheme

Purpose:	Aims to enhance early childhood care and protection by upgrading Anganwadi Centres into more child-friendly and play based learning environments. It aims to provide pre-primary education for every child in West Bengal
Implementing Agency:	Integrated Child Development Department, Government of West Bengal
Eligibility Criteria:	Child aged between 3 - 6 years residence of West Bengal
Assistance:	Pre-primary education, nutritious food
Institute to Contact:	Shishu Aloy centers
Link:	Shishu Aloy Scheme 2025 – Early Childhood Care and Education in West Bengal [Date accessed 23/6/2025]

C. Swasthya Sathi

Purpose:	Aims to provide cashless treatment to the residents of West Bengal and lowers the high medical expenditure borne by people. Due to the soaring medical expense of secondary and tertiary care, the State Government is making an effort to improve the healthcare system with the scheme
Implementing Agency:	Department of Health & Family Welfare, West Bengal government
Eligibility Criteria:	Permanent residents of West Bengal, not enrolled under any other government health insurance scheme. The beneficiary family will comprise the beneficiary, the spouse, parents of both spouses, sons of up to 18 years of age and unmarried daughters of up to 21 years of age. No age limit is applicable to the dependent physically challenged member
Assistance:	Covers up to Rupees 5 lakh per family per year
Institute to Contact:	Health Department

Link:	Swasthya Sathi Scheme: Apply Card Online, Eligibility, Benefits [Date accessed 23/6/2025]
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1.2.3.4 Schemes for Livelihood and Skill Development

A. Pradhan Mantri Dakshta or Kaushalta Sampann Hitgrahi Scheme (PM-DKSH)

Purpose:	Imparting skill development training to the Transgender beneficiaries of the SMILE Scheme
Implementing Agency:	Ministry of Social Justice and Empowerment, Government of west Bengal
Eligibility Criteria:	Transgender beneficiary under SMILE Scheme
Assistance:	Short-Term Training Programmes, Up Skilling/Reskilling, Entrepreneurship Development Programmes, and Long-Term Training Programmes are conducted for transgenders
Institute to Contact:	Department of Social Justice
Link:	doc202263068501.pdf [Date accessed 23/6/2025]

B. Lakshmir Bhandar Scheme

Purpose:	To provide financial assistance to women from economically weaker sections of society and aims to empower women and make them financially independent by providing them with a one-time grant to buy essential goods and services
Implementing Agency:	Government of West Bengal
Eligibility Criteria:	Women aged between 25 - 60 years
Assistance:	Women from SC/ST Rs.1200/- pm and women from other category Rs.1000/-
Institute to Contact:	Duare Sarkar Camps
Link:	Lakshmir Bhandar Scheme [Date accessed 23/6/2025]

1.2.3.5 Schemes for Education and Scholarship

A. Kanyashree Prakalap Scheme

Purpose:	To improve the status and well-being of girls, specifically those from socio-economically disadvantaged families through Conditional Cash Transfers. It aims to prevent child marriage and promote education among girls. It also aims to improve the health and nutrition of girls and empower them by building their skills and capacities.
Implementing Agency:	Department of Women and Child Development and Social Welfare, Government of West Bengal
Eligibility Criteria:	Girl child enrolled in class 8th to 12th std, studying in govt aided or recognised schools of the state, aged between 13 -18 years, residence of West Bengal. Unmarried Girls are eligible to apply for the one-time grant provided under the scheme and having a family annual income of upto Rs. 1.2 lakhs
Assistance:	Annual scholarship of Rs.750/- p.a or one time grant of Rs.25000/-
Institute to Contact:	Schools or Block Development Offices
Link:	Kanyashree Prakalpa [Date accessed 23/6/2025]

1.2.3.6 Schemes for Pensions and Social Security

A. Widow Pension Scheme

Purpose:	To provide financial support to widows facing economic hardship within the state
Implementing Agency:	Women and Child Development and Social Welfare Department, Government of West Bengal
Eligibility Criteria:	Widow girls of any age/women above aged 60 years, who is not maintained by any of her relative and a resident of West Bengal for at least 10 years
Assistance:	Financial assistance Rs.1000/-pm
Institute to Contact:	Labour Department, West Bengal
Link:	https://www.myscheme.gov.in/schemes/wpwb [Date accessed 23/6/2025]

B. The West Bengal Transport Workers Social Security Scheme

Purpose:	Aims to ensure financial stability and dignity for transport workers during their retirement years
Implementing Agency:	Labour Department, Government of West Bengal
Eligibility Criteria:	An unorganised worker employed in the operation of commercial vehicles, such as cars, taxis, luxury taxis, light commercial vehicles, vans, auto-rickshaws, tempos, lorries, trucks, or buses, whose age is between 18 to 60 years and must have been continuously enrolled in the scheme for at least 5 years to qualify for pension benefits
Assistance:	Financial assistance Rs.1500/- for beneficiaries aged 60 and above and an additional ₹10/- per month for every completed year of enrolment beyond five years
Institute to Contact:	Labour Department, West Bengal
Link:	West Bengal Transport Workers' Social Security Scheme: Pension [Date accessed 23/6/2025]

C. Sabujshree Scheme

Purpose:	To ensure the financial security of every child in West Bengal as soon as it is born. Every newborn child born in West Bengal is given a valuable tree sapling as a gift by the government of West Bengal. The tree grows with the growth of the child. As the market value of the tree that is planted is good, if the child falls into any financial crisis when he grows up, he can collect money from cutting down the tree.
Implementing Agency:	West Bengal Forest Department
Eligibility Criteria:	Parents of any new born child
Assistance:	Valuable tree sapling
Institute to Contact:	Hospital/Municipality/Gram Panchayat
Link:	WB Sabujshree Scheme 2025 – Promoting Greenery with Every Newborn [Date accessed 23/6/2025]

1.2.4 Delhi

The Government of Delhi runs several initiatives aimed at women's safety, rehabilitation, and financial empowerment. These programmes focus on providing immediate support and long-term security to survivors of violence and trafficking in the capital.

1.2.4.1 Schemes for Victims of Sex Trafficking

A. Delhi Compensation Schemes for women Victims/Survivors of Sexual Assault/Other Crimes 2018

Purpose:	Provides financial support to women victims or survivors of sexual assault and other crimes
Implementing Agency:	Delhi State Legal Services Authority (DSLISA)
Eligibility Criteria:	The crime occurred within Delhi, an FIR has been registered, the victim has suffered physical or mental trauma
Assistance:	Finance Assistance upto 10 lakhs
Institute to Contact:	Delhi State Legal Services Authority (DSLISA) District Legal Services Authorities (DLSAs) Online portals managed by DSLISA
Link:	https://drive.google.com/file/d/14MBsnwsFMdyAGCdTYrh4I3uuZxJldIxy/view [Date accessed 23/6/2025]

1.2.4.2 Schemes for Health and Nutrition

A. Delhi Arogya Nidhi (DAN) scheme

Purpose:	To provide financial assistance to needy patients who have National Food Security Cards for treatment of diseases in Government hospitals only
Implementing Agency:	The Directorate General of Health Services, Government of Delhi
Eligibility Criteria:	Patients should have a National Food Security Card, must be a resident of Delhi for at least 3 years, treatment should be from the Government Hospital in Delhi

Assistance:	Finance help up to ₹1.5 lakhs
Institute to Contact:	Patient Welfare Cell, Directorate of Health Services, Delhi
Link:	Delhi Arogya Nidhi [Date accessed 23/6/2025]

1.2.4.3 Schemes for Livelihood and Skill Development

A. Ladli Beti Yojana scheme

Purpose:	Aimed at increasing the awareness of people and assisting the poor families in securing the economic and academic future of the female child
Implementing Agency:	The Dept. of Women and Child Development, Government of Delhi
Eligibility Criteria:	Girl child born in Delhi and family having 3 years residency of Delhi, family annual income not exceeding 1 lakh and the girl studying in a govt recognised school
Assistance:	Cash amount of Rs.11,000/- if the girl child is born in the hospital or in any medical institution, Rs.10,000/- if born at home and Rs. 5,000/- each during admission in the 1st, 4th, 9th, 10th and 12th standard
Institute to Contact:	Dept. of Women and Child Development, Delhi
Link:	https://pradhanmantrijojana.co.in/ladli-beti-delhi/ [Date accessed 23/6/2025]

1.2.4.4 Schemes for Education and Scholarships

A. Financial Assistance For Purchase Of Stationery SC/ST/OBC/Minorities Students

Purpose	Aim is to help the poor students by providing them financial assistance for purchase of stationery so that their parents do not feel any burden in sending their children to schools
Implementing agency	Department for the Welfare of SC/ST/OBC, Government of NCT of Delhi

Eligibility Criteria	Student should belong SC/ST/OBC/Minorities category studying in class 1 - 12 in Central Govt. / Govt. of Delhi / Aided / Recognized Local Bodies Schools etc., whose parental income does not exceed Rs. 2 lakhs p.a
Assistance	I to VIII class – Rs. 1000/- P.A. IX to XII class – Rs. 2000/- P.A.
Contact detail	Department for the Welfare of SC/ST
Link	https://www.myscheme.gov.in/schemes/fafps [Date accessed 23/6/2025]

1.2.4.5 Schemes for Pensions and Social Security

A. Delhi Pension Scheme To Women In Distress (Widow Pension)

Purpose:	To provide social security by way of financial assistance to widows, divorced, separated, abandoned, deserted or destitute women in the age group of 18 years till death who do not have adequate means of subsistence and are poor, needy and vulnerable
Implementing Agency:	Government of the National Capital Territory (NCT) of Delhi
Eligibility Criteria:	Woman who is a widow, divorced, separated, abandoned, deserted, or destitute woman above the age of 18 years till death who do not have adequate means of subsistence and are poor, needy and vulnerable; resident of Delhi for at least 5 years; annual income should be less than 1 lakh p.a and she must not be receiving any pension/ financial assistance from Central Govt./ State Govt./ MCD or NDMC and other Governmental/local bodies or any other source for this purpose
Assistance:	Cash amount Rs.2500/- pm
Institute to Contact:	Dept. of Women and Child Development
Link:	Delhi Pension Scheme To Women In Distress (Widow Pension) [Date accessed 23/6/2025]

B. Delhi New Old Age Pension Scheme

Purpose:	To offer monthly financial assistance to senior citizens to help them cover essential expenses, to improve the standard of living for elderly residents by providing a steady source of income and support to the senior citizens from scheduled castes, scheduled tribes, and minority communities
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Implementing Agency:	The Department of Social Welfare, Government of Delhi
Eligibility Criteria:	Senior Citizen aged 60 and above, having 5 years residency of Delhi, annual income below 1 lakh and should not be receiving any other pension or financial assistance from central or state governments
Assistance:	Aged 60 to 69 receive Rs.2,000/- per month, and aged 70 and above receive Rs. 2,500/- monthly; offers of additional benefits to SC, ST, and minority community members
Institute to Contact:	Department of Social Welfare, Delhi
Link:	Delhi New Old Age Pension Scheme 2025: Apply Online Eligibility Benefits [Date accessed 23/6/2025]

1.2.5 Uttar Pradesh

Uttar Pradesh has launched several support schemes for women and children at risk, with a special emphasis on protection, education, and rehabilitation. These initiatives aim to reduce vulnerability and create pathways for long-term empowerment.

1.2.5.1 Schemes for Victims of Sex Trafficking

A. Uttar Pradesh Compensation Schemes for women Victims/Survivors of Sexual Assault/Other Crimes 2018

Purpose:	Provides financial assistance to the dependents/victims of crime, including women affected by sexual assault and other offenses. This scheme aims to support victims in their recovery and rehabilitation
Implementing Agency:	Uttar Pradesh State Legal Services Authority (DSLSA)
Eligibility Criteria:	The crime occurred within Delhi, an FIR has been registered, the victim has suffered physical or mental trauma
Assistance:	Finance Assistance upto 3 lakhs
Institute to Contact:	Uttar Pradesh State Legal Services Authority (DSLSA) District Legal Services Authorities (DLSAs) Online portals managed by DSLSA
Link:	Uttar Pradesh Victims Compensation Scheme National Legal Research Desk [Date accessed 23/6/2025]

1.2.5.2 Schemes for Health and Nutrition

A. Mukhyamantri Bal Seva Yojana

Purpose:	Helps young people under 18 who have lost one or both parents (not due to COVID), and young adults aged 18-23 orphaned by COVID-19. The scheme goes beyond financial assistance. It supports students pursuing higher education at government institutions after completing 12th grade, including those achieving excellence in national exams like NEET, JEE, and CLAT. Additionally, it offers a helping hand to children of divorced or abandoned mothers, those with imprisoned parents, and those rescued from child labor or begging
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Implementing Agency:	Department of Women and Child Development , Govt of Uttar Pradesh
Eligibility criteria:	Non Institutional children: Children under 18 who have lost both parents or one parent due to non-covid reasons, adolescents 18-23 who lost both or one parent due to COVID or any reason, and are pursuing higher education after completing 12th grade; children who are orphans, lost guardian, divorced mother, abandoned, parents or head of the family in jail, children of family involved in child labour, begging or prostitution; annual income does not exceed Rs. 3 lakhs p.a of a single parent and no limit of income if both the parents are not alive. Institutional Children: Under the age group of 0-18, previously lived in children's homes and reintegrated back into families or residing in child care institutions
Assistance:	Financial assistance of Rs.2500/- pm to the 2 children in a family
Institute to Contact:	Department of Women and Child Development
Link:	Uttar Pradesh Mukhyamantri Bal Seva Yojana (Genearal) [Date accessed 23/6/2025]

B. Leprosy Pension Scheme

Purpose:	To provide a grant-in-aid for the maintenance of persons with disabilities and leprosy, whose family income is not sufficient for them
Implementing Agency:	Department of Empowerment of Persons with Disabilities, Uttar Pradesh
Eligibility Criteria:	Disabled due to leprosy (with any percentage of disability) belong to any age group, permanent resident of Uttar Pradesh, must be below the poverty line and should be under Rs. 56,460/- per annum for urban and Rs. 46,080/- per annum for rural areas and are not taking advantage of other pension schemes
Assistance:	Cash amount of Rs.3000/- pm
Institute to Contact:	Department of Empowerment of Persons with Disabilities, Uttar Pradesh
Link:	Leprosy Pension Scheme [Date accessed 23/6/2025]

1.2.5.3 Schemes for Livelihood and Skill Development

A. Marriage Grant Scheme

Purpose:	To provide grants for the marriage of the daughters of poor families of Other Backward Classes so that the economic condition of that family may improve.
Implementing Agency:	Department of Backward Classes Welfare
Eligibility Criteria:	Daughter from OBC category, grants to maximum 2 daughters in a family, annual income of the applicant in urban areas should not exceed Rs. 56,460/- and in rural areas Rs. 46,080/-, applicants of other backward classes will have to enter the serial number of the online Caste Certificate issued by the Tehsil in their online application form and priority will be provided to the destitute woman after the death of the husband or widow applicant and they will not be needing a caste certificate
Assistance:	Cash assistance Rs.20000/- per marriage
Institute to Contact:	Jan Suvidha Kendras, District Backward Classes Welfare Officer, Uttar Pradesh
Link:	Marriage Grant Scheme [Date accessed 23/6/2025]

1.2.5.4 Schemes for Education and Scholarship

A. Kanya Sumangala Yojana

Purpose:	To uplift the status of girl children in the state, Keeping the existing societal evils in mind, this scheme proposes monetary help to the guardians for the benefit of two girls from a single family
Implementing Agency:	Women and Child Development, Government of Uttar Pradesh
Eligibility Criteria:	Girl born on or before 1st April 2019, permanent resident of Uttar Pradesh, any 2 girl in a family can be benefited
Assistance:	Rs.2000/- upon the birth of a girl child, Rs.1000 at a time of vaccination, Rs.2000/- at a time of admission for 1st class, Rs.2000/- admission at 6th class, Rs.3000/- for 9th class and Rs.5000/- as final installments for graduation or diploma course, Total amounting to Rs.15,000/-
Institute to Contact:	Women and Child development department
Link:	Kanya Sumangala Yojana - Features, Benefits, Eligibility, How to Apply [Date accessed 23/6/2025]

B. OBC Pre Matric Scholarship Scheme

Purpose:	To support Other Backward Class (OBC) students who are financially disadvantaged and pursuing secondary education in Class 9 or 10. This scholarship program recognizes the importance of education in empowering students from marginalized communities and aims to bridge the financial gap that might otherwise hinder their academic progress. By providing financial assistance, the scholarship helps alleviate the financial burden on SC families and encourages students to complete their matriculation, opening doors to further educational opportunities and brighter futures
Implementing Agency:	The Social Welfare Department Government of Uttar Pradesh
Eligibility Criteria:	Students aged between 12-20 years belongs to OBC category
Assistance:	Monthly allowance of Rs.150/- (for max 10 months) and Rs.750/- per annum (residential students)
Institute to Contact:	Dept. of Social welfare
Link:	OBC Pre Matric Scholarship-Uttar Pradesh [Date accessed 23/6/2025]

1.2.5.5 Schemes for Pensions and Social Security

A. Old Age Pension scheme

Purpose:	To provide financial help to the senior citizens from the economically weaker sections of the citizens of Uttar Pradesh
Implementing Agency:	The Dept. of women and child development, Government of Uttar Pradesh
Eligibility Criteria:	Senior citizen aged above 60 to 150 years, should be below poverty line or his/her annual income should be upto Rs. 46,080/- for Rural Areas and Rs. 56,460/- for Urban Areas
Assistance:	Monthly allowance of Rs.1000/-
Institute to Contact:	Dept. of Women and Child Development
Link:	https://www.myscheme.gov.in/schemes/upoaps [Date accessed 23/6/2025]

2. Shelter Homes for Women

Shelter homes provide a safe space for women in crisis situations, including survivors of trafficking, violence, abandonment, or family breakdown. These homes not only offer protection and basic necessities such as food, clothing, and medical care, but also extend counselling, legal support, and opportunities for rehabilitation. They serve as an important link between emergency assistance and long-term reintegration, helping women rebuild their lives with dignity.

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2.1 GOA

2.1.1 Shelter Homes for Women

A. State Protective Home

Assistance:	Temporary Safe Shelter & Protection Secure accommodation in a supervised environment under court or SDM orders. Provision of nutritious food, clothing, and a hygienic living space . Counselling & Psychological Support. Regular sessions to address trauma, build emotional resilience, and support mental well-being. Medical Care. Access to healthcare including general check-ups, treatment, and referrals as needed .Vocational & Skill Training, Craft and skill-based training programs aimed at enabling self-reliance—such as tailoring, crafts, etc., Legal Support & Oversight. A five-member panel, appointed by the local SDM, assists during legal proceedings related to trafficking and protection under the ITPA
Contact:	Protective Home-cum-Reception Centre Davarnem, Mercas, Tiswadi, Goa Phone: Residence: 3160058 Office: 2446655
Website/email:	protectivehomegoa@gmail.com

B. Mahila Adhar Kendra (Sanjeevan Goa)

Assistance:	A refuge for up to 25 women and girls facing family conflict, divorce, psychological distress, or similar crises. The centre offers: counselling and emotional support, temporary shelter with living facilities, assistance with job placement and reintegration into society
Contact:	Near Bandora Village Panchayat Building, Bandora, Ponda, Goa 403401 Phone: +91 79727 55501
Website/email:	asha.sanjeevan@gmail.com

C. One Stop Centre

Assistance:	Provides temporary shelter capacity for up to five women, adjustable based on manpower availability, first aid and trauma care on-site or through partner hospitals, accompaniment to government hospitals for medical exam, support in cases of sexual assault (e.g. rape kits, post-rape care), police Facilitation, Legal Aid, Psycho-Social Counselling, Rescue & Outreach,health dept (for long-term treatment or disability aid), child Welfare Committee if children are involved, vocational training or rehabilitation through Women & Child Development schemes
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Contact:	Government Housing Quarters (Junta Quarters), Pajifond, Borda, Margao, South Goa, Goa – approx. C-3-6, Junta Quarters, Pajifond area Currently within the Goa Medical College (GMC) premises, Bambolim, Panaji, Goa Phone: 0832-2710767 / 0832 2734577
Website/email:	piahtu.margao@goapolice.gov.in

D. Apna Ghar

Assistance:	Safe Shelter and Accommodation: Separate wings for boys and girls, including a toddler section. Safe, secure, and supervised environment for children rescued from vulnerable situations. Care for Children in Conflict with Law and Need of Care and Protection: Houses children who are involved in legal proceedings or have been placed under care for protection. Provides rehabilitation and development opportunities. Basic Needs and Healthcare: Nutritious food, clean drinking water, clothing. Regular medical check-ups and access to healthcare services. Education and Skill Development: Formal or non-formal education support. Vocational training and life skills to aid rehabilitation. Counseling and Psychological Support: Psychological counseling for trauma and behavioral issues. Family counseling to facilitate reintegration when possible. Legal Aid and Protection: Coordination with Child Welfare Committee (CWC) and legal authorities. Support for legal proceedings related to the child's case. Rehabilitation and Reintegration: Efforts to reunite children with families when safe. Support for alternative care options if family reintegration is not possible
Contact:	Apna Ghar, Mercedes, Tiswadi, Goa Phone: 0832 2445030 / +91 832 243 7170 / 243 7190
Website/email:	dwcd.goa@gmail.com

2.2 MAHARASHTRA

2.2.1 Shelter Homes for women

A. Snehalaya

Assistance:	Rescue and rehabilitation for women and children in distress, including survivors of trafficking and domestic violence, Education and shelter for over 400 homeless children, and support for thousands more through slum-based learning centers, Healthcare services, including treatment for over 6,000 HIV-positive individuals annually, Vocational training to empower women and youth with skills for independent living, 24/7 Childline and rescue operations, ensuring immediate help for children in need
Contact:	239 F Block, MIDC, Nimbalak Village, Ahmednagar, Opposite Cummins Generator Technologies, Maharashtra 414111 Phone: 0241 232 7593
Email:	snehjyot@snehalaya.org

B. Swadhar IDWC (Institute for Development of Women and Children)

Assistance:	Shelter homes for women and children in crisis, Educational support for children from marginalized communities, Vocational training and legal aid for women, Family counseling and community outreach
Contact:	Niwara, 96, Navi Peth, Pune, Maharashtra 411030 Phone: 020 2428 2949
Email:	

C. Mahila Atyachar Virodhi Manch (MAVM)

Assistance:	Provides emergency shelter and legal aid for women escaping abusive relationships or domestic violence situations. The organization works to raise awareness about sexual harassment, especially in public spaces and workplaces. It provides support to women who have been trafficked or forced into labor, offering rescue and rehabilitation services and promotes gender equality through advocacy and community outreach
Contact:	Office No. 16, 2nd Floor, 161, Shivaji Market, Behind Kalpataru Cinema, D.N. Road, Fort, Mumbai - 400001, Maharashtra, India
Email:	info@mavm.org

D. NIRBHEEK: Women's Shelter and Helpline

Assistance:	Emergency shelter for women, helpline for immediate assistance, legal assistance, psychological Counseling, rehabilitation and vocational training
Contact:	Saket, 3rd Floor, Near Shaniwarwada, Pune, Maharashtra - 411030, India Phone: +91-20-26122330
Email:	info@nirbheekpune.org

E. Stree Atyachar Virodhi Parishad

Assistance:	Provides shelter, counselling and crisis response for survivors of violence. Also offers advocacy and legal aid and assistance for women who have faced violence
Contact:	44 Justice Kotwal Nagar Pratap Nagar Square, Ring Road , Nagpur Maharashtra India Phone: 0712-232823
Email:	

F. Bharatiya Stree Shakti (BSS)

Assistance:	It provides shelter homes, legal aid, financial aid, and skill development training to women. It also works towards women's empowerment to the women in distress, abandoned,
Contact:	Phone: +91-22-22015390 or +91-11-23239658
Email:	bssindia@bharatiyastreeshakti.org

G. Sakhi Foundation

Assistance:	Shelter Homes: Sakhi Foundation runs safe shelter homes for women who are at risk, offering a secure environment for those facing domestic violence, trafficking, sexual abuse, and other forms of gender-based violence. Legal Aid: They provide legal assistance to women, helping them file complaints, navigate the legal system, and fight for justice against their abusers. Counseling and Psychosocial Support: Sakhi offers counseling services to help women overcome the emotional and psychological trauma of abuse, giving them the tools to rebuild their lives. Awareness Programs: Sakhi Foundation runs workshops and campaigns aimed at educating women and communities about their legal rights, how to report violence, and how to prevent abuse. Economic Empowerment: They provide programs aimed at financial independence for women, offering skills training and vocational support to help them become self-sufficient
Contact:	Mumbai, Pune and other cities of Maharashtra Phone: +91-20-2605 8850 / 2605 8851
Email:	sakhi.foundation@yahoo.in

H. Shakti Vahini

Assistance:	A national-level NGO, Shakti Vahini works on women's rights and rescue operations. It operates emergency helplines and provides shelter, legal aid, and counseling to women in crisis
Contact:	Phone: +91 11 4132 5503 / 4156 1360
Email:	info@shaktivahini.org

I. Vanchit Vikas Yuvak Sangh

Assistance:	Provides shelter, many youth-focused and community development organizations do offer services related to emergency shelter, emotional support and life skills to help individuals reintegrate into society and helping youth develop skills for employment, which is often part of their empowerment programs, especially for vulnerable individuals like homeless youth, victims of domestic violence, or those facing exploitation
Contact:	Aurangabad District Social Welfare Department, Local Community Centers, Aurangabad, Maharashtra Phone: +91-240-2330500
Email:	aurangabad@maharashtra.gov.in

J. Rescue Foundation

Assistance:	Conducts intelligence-led rescue operations across brothels, often collaborating with state police and anti-trafficking units. Provides shelter homes (Mumbai, Boisar, Pune, Delhi), medical care, mental health support, and vocational training, legal aid and assistance with family reunification
Contact:	Plot 39, Asha Kiran (Lady Fatimadevi Road), Kandivali (West), Mumbai – 400067 Phone: +91-9820210705
Email:	admin@rescuefoundation.net

K. Abhilasha Foundation

Assistance:	Is a non profit NGO works among migrates, poor and abused women, neglected children, senior citizens, school drop outs and self help groups by providing shelters, meals, health, education and employment
Contact:	Laxmi Chhaya Bungalow, Plot No. 27-27, RSC 11, Gorai-2, Boriwali (W), Mumbai, Maharashtra 400091 Phone - +91 98702 34440
Email:	

2.3 WEST BENGAL

2.3.1 Shelter Homes for Women

A. All Bengal Women's Union (ABWU), Kolkata

Assistance:	Shelter and protection for women and children in crisis, Education and vocational training, Legal aid and counseling, Rehabilitation and reintegration support
Contact:	89, Eliot Road, Taltala, Kolkata – 700016, West Bengal Phone: 033 2229 3292
Email:	abwuallhome@yahoo.com

B. Howrah South Point (Lalkuthi Home)

Assistance:	Residents: Around 40 girls, aged 6 to 18, Focus: Girls with orthopedic disabilities, mental challenges, and those from socially vulnerable situations, Education: All residents attend nearby schools for primary and secondary education, Vocational Training: Includes basic computer skills, batik, hand embroidery, and other crafts, Co-curricular Activities: Painting, singing, dancing, and more—guided by professionals, Healthcare: Physiotherapy and medical support for physically challenged residents, Facilities: Accommodation, food, clothing, and emotional support in a nurturing environment
Contact:	83/1, Dakhin Buxrah, Padmapukur, Shibpur, Howrah, West Bengal
Email:	hsouthpoint@gmail.com

C. Swadhar Greh / Shakti Sadan (State-NGO collaboration)

Assistance:	Women aged 18 and above who are deserted, survivors of violence, trafficking, released from jail, or affected by HIV/AIDS, etc. Permitted to stay up to 3 years (longer in special cases), with children (girls ≤18, boys ≤8) allowed to remain. Food, temporary housing, clothing, pocket money are provided. Regular check-ups, first-aid, HIV counselling. Emotional support, case documentation, legal assistance, coordination with police and courts within 24 hours of admission. Tailoring, beautician, computer courses, linkage to Skill Development Initiative. Assistance with bank account setup, awareness programs, restoration to families or independent living.
Contact:	Government Medical College & Hospital, 2nd floor, Jalpaiguri – 735101 Howrah District Hospital, Biplabi Haren Road, Howrah – 711101 Midnapore Medical College & Hospital, Female Cold Ward, Hospital Road, Kotwali – 721101

Email: deputysecretary.wcdsw@gmail.com

D. Ujjawala Home

Assistance:

Shelter and safe housing upto 3 years depending on the case, extension possible for minors or survivors with ongoing legal or health needs, children stay with mothers (girls under 18; boys under 8). Provides meals, hygiene supplies, Health check-ups, medication, trauma care, free legal aid, FIR assistance, court help, free legal aid, FIR assistance, court help, vocational skills, life skills, education, emotional & psychological support, family reunification, jobs, independent living support, security and rescue coordination

Contact:

Vill & P.O. Bijyange Bazar, District South 24 Parganas, West Bengal (also referred to as Village Mayra Mahal, P.O. & P.S. Raidighi)

Contact Number: 033-2464 9596 or 98313 80830

Email:

deputysecretary.wcdsw@gmail.com

E. Short-stay shelters

Assistance:

To support distressed adult women (aged 18+), especially those rescued from trafficking, domestic violence, or other crises. Each home typically accommodates around 10 women and provides safe housing, meals, counselling, basic healthcare, and legal aid

Contact:

Punjabipara (Ward No. 13), Siliguri, Darjeeling District

Bondunagar, Rajganj Block, Jalpaiguri District

Phone: +91 97755 09999

Email:

info@iilsindia.com

F. Sanlaap

Assistance:

For girls and young women rescued from trafficking or at risk, safe housing with full-time staff, meals, clothing, and medical care, separate short-term and long-term rehabilitation homes, facilities in Kolkata and districts like South 24 Parganas, medical check-ups, trauma counselling, and long-term psychological rehabilitation, support for survivors with HIV/AIDS, mental health needs, or pregnancy (including child care), Free legal counselling and representation in court, formal and non-formal education within shelter homes for children and adolescent girls, skills training: tailoring, beautician, crafts, computer literacy, hospitality, baking, and more., micro-credit and livelihood support for adult survivors, assistance in job placements and self-employment ventures

Contact:

38B, Mahanirban Road, Kolkata – 700 029, West Bengal

Phone: +91-33 2466 2977 | +91-33 2464 9596

Email:

hq@sanlaapindia.org

G. Missionaries of Charity – Nirmal Hriday

Assistance:	Provide a peaceful, loving environment for people who are terminally ill or severely ill and have been abandoned by society or family, ensuring that no one dies alone or unloved, even if cure isn't possible, offering free shelter, food, and clothing to the poorest of the poor—especially elderly women, mentally ill, physically disabled, or victims of abuse, many homes also provide daycare or long-term residential care, providing basic healthcare, hygiene, and pain relief through simple medical interventions and nursing care, referrals to government hospitals when necessary, creating an atmosphere of peace and acceptance, with support for religious and spiritual needs based on individual faiths, often involves prayers, companionship, and last rites as per the resident's belief,
Contact:	Immaculate Heart of Mary Church campus, Midnapore, Paschim Medinipur – 721101, West Bengal Telephone: (03222) 263856
Email:	

H. Malipukur Samaj Unnayan Samity

Assistance:	Offers a shelter home for trafficked women and short stay homes for women in danger
Contact:	Village & P.O. Jujersa, Block - Panchla, Howrah – 711302 Ph 953214 -51250
Email:	

2.4 DELHI

2.4.1 Shelter Home for Women

A. Mahila Dakshata Samiti – Snehalaya

Assistance:	Offer temporary shelter (up to three years) for women without social or economic support, provide counseling, legal aid, and medical care, equip residents with vocational skills to help them become self-reliant, support emotional healing and reintegration into society, foster a sense of dignity, empowerment, and independence
Contact:	Plot No. 31-X, Karkardooma Institutional Area, Delhi – 110092 Phone: 011-22375113
Email:	mdsdelhi@yahoo.com

B. Matritva Chhaya (Sarai Rohilla)

Assistance:	Ensuring safe housing during pregnancy and early motherhood, providing nutritional support, medical care, and counseling, supporting emotional well-being and dignity, facilitating rehabilitation and reintegration into society
Contact:	Community Centre, Chander Shekhar Azad Colony, Sarai Rohilla, Delhi – 110007 9871726760 ; 9818933874
Email:	ywcadelhi@yahoo.co.in

C. Shakti Shalini – Pehchan Shelter Home

Assistance:	Accommodates up to 10–12 women (with or without children) at a time Services Provided: Crisis intervention and trauma counseling, legal aid and litigation support, physical and mental healthcare, sexual and reproductive health services, vocational training and education, creative therapies (theatre, poetry, art, etc.), rehabilitation and reintegration support Duration of Stay: Flexible, based on each survivor's needs and recovery journey
Contact:	6/30-B, Basement, Kargil Park Lane, Jangpura B, New Delhi – 110014 Phone: 011-2437 2437
Email:	shaktishalini1987@gmail.com

D. Young Women Christian Association

Assistance:	Safe lodging and boarding with clean, ventilated dormitories Nutritious meals as per prescribed dietary norms Basic healthcare, including regular check-ups and mental health support Hygiene essentials like toiletries, clean linen, and access to hot water Vocational training and skill-building opportunities Recreational activities (indoor and outdoor) for emotional well-being Counseling and legal aid to support rehabilitation and reintegration Complaint redressal mechanisms and access to helplines
Contact:	10, Parliament Street, New Delhi-1, Ashoka Road, New Delhi – 110001 Phone: 9871726760 / 011-43553142
Email:	ywcadelhi@yahoo.co.in

E. Nirmal Chhaya Complex

Assistance:	A government-run institution under the Delhi Department of Women & Child Development, it operates 24/7 and offers temporary refuge to women aged 18–45 years who are: Victims of domestic violence, family discord, or moral danger, shelterless, deserted, or destitute, in immediate need of protection, at risk due to family breakdown or abandonment, free boarding & lodging in a secure environment, basic medical care provided onsite, mental health care including counseling and psychiatric support, programs include cutting, tailoring, and skill development, assistance in rejoining families or transition to long-term care options
Contact:	Jail Road, Nirmal Chhaya Complex, Janak Puri/Hari Nagar area, New Delhi –110064 Contact: +91-11-28520114
Email:	wcd@delhi.gov.in

F. Shakti Vahini

Assistance:	Offers assistance for women who have been trafficked and works to prevent trafficking. Offers access to justice and support for women through campaigns and research
Contact:	H-11, 2nd Floor , Hudson Lines, Kingsway Camp , New Delhi 110009 Phone: +91-11-42244224 (Helpline Number) +91-11-31909025 (Helpline Number) +91-11-45081098
Email:	shaktivahini@yahoo.co.in

G. Pratidhi

Assistance:	Pratidhi is a collaborative society of Delhi Police and Association for Development (An NGO of Professional Social Workers), working for the welfare and rehabilitation of victims of crime. Offers support in the form of legal aid and awareness
Contact:	Police Station Complex, Shakarpur Pushta Marg, Ramesh Park, Delhi – 92 Phone: 01122527259, 22450100
Email:	

2.5 UTTAR PRADESH

2.5.1 Shelter Home for women

A. Sheela Narayan Welfare Society

Assistance:	Programs to support self-reliance, safety, and dignity for women, likely includes awareness campaigns, skills training, and legal literacy, tailoring, embroidery, computer literacy, and skills for income generation, helps women become economically independent, educating women about their rights under Indian law, possible referral to legal services in cases of domestic violence or abuse, programs supporting education and protection of underprivileged or at-risk children, may include support for orphaned or abandoned children, health camps, nutrition awareness, family planning education, likely support for women's reproductive and mental health, sworking with marginalized communities to reduce poverty, support for women and girls in SC/ST and backward areas, may involve community-based care, awareness, and support programs for senior citizen and disabled person
Contact:	Vill & Post : Kaluwala Paharipur, District : Saharanpur, Uttar Pradesh – 247129 Phone : +91 89293 39627
Email:	sheelanvs2019@gmail.com

B. Shramik Bharti

Assistance:	Women empowerment, livelihood, skill development, community health, sanitation, elderly care, advocacy and legal awareness
Contact:	392 Vikas Nagar, Lakhanpur, Kanpur – 208024, Uttar Pradesh Phone: +91 512 258 0823
Email:	shramikbhartikanpur@gmail.com

C. Asha Jyoti / Rani Laxmibai Asha Jyoti Kendras

Assistance:	Emergency shelter (Short-Term Protection), counselling and rescue operations, legal support, medical assistance, skill development & economic support and reintegration or referral after the 5-day stay
Contact:	Raja Mandi Chauraha, at the Women's Hospital (Mahila Chikitsalaya), Agra District Phone: +91 72350 04604
Email:	dpoalld09@gmail.com

D. Hamsafar

Assistance:	Provides crisis support and counselling assistance for survivors of violence
Contact:	27, New Berry Road, Gulzar Colony, Near Times of India, Lucknow Tel: 0522-3096245
Email:	

E. Shakti Sadan Shelters

Assistance:	The Uttar Pradesh government has established Shakti Sadan shelters across 10 districts as part of its Mission Shakti initiative. These shelters aim to accommodate 50 women and provide refuge, rehabilitation, and empowerment to women in distress, including victims of domestic violence, natural disasters, and other vulnerable situations, safe accommodation, nutritious meals, clothing and bedding, primary healthcare and legal aid
Contact:	Aligarh, Azamgarh, Kanpur Nagar, Chitrakoot, Jhansi, Basti, Gonda, Mirzapur, Varanasi, Saharanpur Phone: 011-23388074
Email:	techsupport-shakti@gov.in

F. Sakhi Niwas Shelters

Assistance:	The government is launched "Sakhi Niwas" shelters in nine districts. These shelters aim to provide comprehensive support, including: safe accommodation, basic amenities like food, clothing, and medical care, counseling and legal support, skill development programs, facilities for children accompanying women. The shelters are designed to serve as comprehensive support centers for women in distress
Contact:	3/1351, New Bhagat Singh Colony, Back of DM House, Bajoria Road, Saharanpur-247001, Uttar Pradesh Phone: +91-93190 80200
Website/email:	info@aiwcsre.in

3. Helpline Numbers

Helplines are a vital support system for women and vulnerable groups in distress. They provide immediate access to information, emergency response, counselling, rescue services, and referral to appropriate agencies. Many of these helplines operate 24×7 and are toll-free, ensuring that help is available at any time. The following are important national and state-level helplines that survivors and service providers can access.

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3.1 Central Government Helplines

A. Women Helpline - 181

Purpose:	To provide redressal services to any women in distress seeking emergency/non-emergency services or information or any other individual on her behalf can contact
Implementing Agency:	Ministry of Women and Child Development
Assistance:	Emergency assistance, Non-emergency assistance, Information about government schemes and services and Referral services
Institute to Contact:	181
Email:	ncwhelpline24x7@gmail.com

B. Helpline Number for Women in Distress

Purpose:	For women in distress
Implementing Agency:	National Commission for Women
Assistance:	Immediate help for women facing violence, harassment, or distress situations; Guidance on legal rights, domestic violence laws, and other protections; Support for mental health and trauma recovery; Connecting women with police, hospitals, legal aid, and One Stop Centers; Details about welfare programs and financial assistance for women
Institute to Contact:	7827170170
Email:	ncwhelpline24x7@gmail.com

C. Child Help Line (CHL)

Purpose:	To support and assist any child who has fallen out of the safety net to provide emergency and immediate response and connect the child to existing long term services
Implementing Agency:	Women and Child Development Department
Assistance:	Childline acts as a crucial link between children in distress conditions and services available for their rehabilitation, restoration or social re-integration. This support can range from providing medical, shelter, legal aid, emotional support or guidance

Institute to Contact:	1098
Email:	dial1098@childlineindia.org.in

D. Help Line for Senior Citizen

Purpose:	To provide information, guidance, emotional support and intervention
Implementing Agency:	The Ministry of Social Justice and Empowerment
Assistance:	Helps to resolve their complaints and receive information from various government agencies, non-profit organisations, and other private-sector organisations working for senior citizens' welfare schemes. It also helps in rescue and places them in old age homes away from abusive families
Institute to Contact:	14567
Email:	socialwelfaregoa@gmail.com

E. Helpline for Cyber Crime

Purpose:	To provides immediate assistance to victims of cyber fraud, hacking, identity theft, and other online offenses
Implementing Agency:	Ministry of Home Affairs
Assistance:	Helps in filing online cyber crime complaint and provides expert support
Institute to Contact:	1930
Email:	picyber@goapolice.gov.in

F. Helpline for Suicide Prevention

Purpose:	Purpose of providing immediate emotional support and crisis intervention for individuals struggling with suicidal thoughts and mental health issues
Implementing Agency:	The Ministry of Health and Family Welfare
Assistance:	Offers round-the-clock support to individuals in emotional distress, ensures private and non-judgmental conversations with trained professionals, guides individuals toward coping mechanisms and professional help, assists loved ones in understanding and supporting those at risk, connects individuals with psychiatrists, therapists, and healthcare services for long-term support

Institute to Contact:	1800-121-3667
Email:	youmatterbycooj@gmail.com

3.2 State Government Helplines

3.2.1 Goa

A. Helpline for Women in Distress

Purpose:	Aims in having a positive impact on women empowerment and rights in the State of Goa
Implementing Agency:	Department of Women and Child Development
Assistance:	Helps in counselling, guidance, information and also for rescue in various threatening situations including domestic violence
Institute to Contact:	181
Email:	dir-wcd.goa@nic.in

B. Helpline for Children

Purpose:	Aims to ensure child safety and welfare through immediate intervention and long-term support
Implementing Agency:	Department of Women and Child Development
Assistance:	Immediate assistance for children facing abuse, neglect, or exploitation, rescue and rehabilitation support for vulnerable children, legal and counseling services to ensure child protection, support for missing children and those in need of shelter
Institute to Contact:	1098

C. Helpline for Senior Citizen

Purpose:	Provides assistance to elderly individuals who may need support related to safety, health, or legal matters
Implementing Agency:	Directorate of Social Welfare, Goa

Assistance:	Emergency Assistance, legal & financial support, healthcare & welfare services; protection against exploitation; emotional & psychological support by providing counseling and companionship for those feeling isolated or distressed, connects senior citizens with social groups, activities, and volunteer programs
Institute to Contact:	14567
Email:	socialwelfaregoa@rediffmail.com

D. Helpline for Cyber Crime

Purpose:	Protecting individuals from cyber threats and assisting victims of online crimes
Implementing Agency:	The Cyber Crime Police Station, Ribandar, Goa
Assistance:	Allows victims to report fraud, hacking, identity theft, and online harassment; helps law enforcement take immediate action against cyber criminals; provides advice on cyber laws and rights for affected individuals; assists individuals in recovering lost funds, securing compromised accounts, and preventing further harm
Institute to Contact:	7875756198
Email:	picyber@goapolice.gov.in

E. Helpline for Suicide Prevention

Purpose:	Providing immediate emotional support and mental health assistance
Implementing Agency:	COOJ Mental Health Foundation
Assistance:	Offers urgent support to individuals experiencing distress, anxiety, or suicidal thoughts, connects people with trained professionals who provide guidance and coping strategies, provides safe spaces for individuals to talk and receive help before situations escalate, assists loved ones in understanding and helping those struggling with mental health issues, directs individuals to psychiatrists, therapists, and other healthcare services for long-term support.
Institute to Contact:	+91 99996 66555
Email:	youmatterbycooj@gmail.com

3.2.2 Maharashtra

A. Helpline Numbers for Women

Purpose:	Providing safety, support, and empowerment to women in distress
Implementing Agency:	The Maharashtra State Commission for Women (MSCW)
Assistance:	Offers immediate help for women facing domestic violence, harassment, or abuse, helps women understand their rights and access legal support, provides emotional and psychological support to survivors, assists in relocating victims to safe shelters and rehabilitation programs. Coordinates with law enforcement for swift action against perpetrators
Institute to Contact:	022-2659 2707 or 155209
Email:	Mentalhealthmatters@snehamumbai.org

B. Helpline for Women in Distress

Purpose:	Providing immediate support and long-term assistance to women in distress
Implementing Agency:	The Maharashtra State Commission for Women
Assistance:	Offers quick intervention for women facing domestic violence, harassment, or abuse, helps women understand their rights and access legal support for protection and justice, provides professional counseling to help survivors cope with trauma, connects women with healthcare services for treatment and rehabilitation. Ensures safe accommodation for women who need protection from dangerous situations, works with the police to take swift action against perpetrators
Institute to Contact:	022-22027050
Email:	Mentalhealthmatters@snehamumbai.org

C. Helpline for Children

Purpose:	Protecting and supporting children in distress
Implementing Agency:	The Maharashtra State Commission for Protection of Child Rights
Assistance:	Provides immediate assistance to children facing abuse, neglect, trafficking, or abandonment, helps children access legal protection and social welfare services, offers emotional support to children experiencing trauma, connects children with safe homes, foster care, and child protection agencies, ensures vulnerable children receive proper schooling and medical care

Institute to Contact:	1098
Email:	mscps.state2@gmail.com

D. Helpline for Senior Citizen

Purpose:	Provides support for elderly individuals facing distress, neglect, or financial and legal issues
Implementing Agency:	The Social Justice & Special Assistance Department, Maharashtra Government
Assistance:	Offers various welfare schemes for senior citizens, including old age homes, pension benefits and healthcare services
Institute to Contact:	14567
Email:	elderline-ind@gov.in

E. Helpline for Cyber Crime

Purpose:	Protecting individuals from cyber threats and assisting victims of online crimes.
Implementing Agency:	The Maharashtra Cyber Department
Assistance:	Allows victims to report fraud, hacking, identity theft, cyber bullying, and online harassment, helps law enforcement take swift measures against cyber criminals, assists individuals in recovering lost funds, securing compromised accounts, and preventing further harm
Institute to Contact:	1930
Email:	helpdesk@cybercrime.gov.in

F. Helpline for Suicide Prevention

Purpose:	The Suicide Prevention Helplines in Maharashtra serve the critical purpose of providing emotional support and mental health assistance to individuals in distress
Implementing Agency:	Vandrevala Foundation

Assistance:	Offers immediate help to those experiencing suicidal thoughts or severe emotional distress, trained professionals provide a safe space for individuals to express their feelings without judgment, helps spread education on mental well-being and encourages open conversations, guides individuals toward coping strategies and professional help before situations escalate, assists loved ones in understanding and supporting those struggling with mental health challenges, connects individuals with psychiatrists, therapists, and healthcare services for long-term support
Institute to Contact:	+91 99996 66555
Email:	talk2samaritans@gmail.com

3.2.3 West Bengal

A. Helpline for Women

Purpose:	To provide immediate assistance, legal aid, counseling, and protection to women facing harassment, domestic violence, abuse, and other distressing situations
Implementing Agency:	West Bengal Commission for Women
Assistance:	Offers integrated support for women affected by violence, including medical aid, legal assistance, and temporary shelter
Institute to Contact:	033-2334-5610
Email:	wbcw.org@gmail.com

B. Helpline Numbers for Children

Purpose:	To provide immediate assistance, protection, and support to children facing abuse, neglect, trafficking, or distressing situations
Implementing Agency:	West Bengal Commission for Protection of Child Rights
Assistance:	Provides various assistance programs for children in distress, including helplines, legal aid, counseling, and shelter services, local support services for children in need and Offers rehabilitation and welfare services for vulnerable children
Institute to Contact:	033-6824-6363
Email:	wbcpcr.org@gmail.com

C. Helpline for Senior Citizen

Purpose:	To provide assistance, protection, and welfare services to elderly individuals in need
Implementing Agency:	Department of Women & Child Development and Social Welfare, Government of West Bengal
Assistance:	It offers emergency support, legal aid, healthcare guidance, and social welfare programs to ensure the well-being and dignity of senior citizens
Institute to Contact:	9830088884
Email:	support.swpension-wb@gov.in or secy.wcdsw@gmail.com

D. Helpline for Cyber Crime

Purpose:	To provide immediate assistance, investigation, and legal support for individuals facing online fraud, cyber harassment, identity theft, and other cyber-related offenses
Implementing Agency:	Cyber Crime Wing, West Bengal Police
Assistance:	Reporting online fraud and cyber-related offenses; Provides investigation, cyber forensic support, and digital security guidance; Offers cyber forensic analysis and crime prevention strategies
Institute to Contact:	1930
Email:	wbccwcr@gmail.com. or croomhpc@gmail.com

E. Helpline for Suicide Prevention

Purpose:	To provide immediate emotional support, crisis intervention, and mental health counseling for individuals experiencing suicidal thoughts, depression, anxiety, or emotional distress
Implementing Agency:	Lifeline Foundation Kolkata and TeleMANAS
Assistance:	Offers suicide prevention assistance through helplines, counseling services, and mental health support programs
Institute to Contact:	14416
Website/email:	info@ardsikolkata.org

3.2.4 Delhi

A. Helpline Numbers for Women in Distress

Purpose:	To provide immediate assistance, legal aid, counseling, and protection to women facing harassment, domestic violence, abuse, and other distressing situations
Implementing Agency:	Delhi Commission for Women
Assistance:	Helps in digital complaint registration and psychological counseling, gives police assistance for women in distress
Institute to Contact:	181
Email:	helpdeskdcw2015@gmail.com. msdcw.delhi@nic.in

B. Helpline for Children

Purpose:	To provide immediate assistance, protection, and welfare services for children in distress
Implementing Agency:	Delhi Commission for Protection of Child Rights
Assistance:	Assistance for children in need of care and protection also gives assistance with regard to scholarships, school admissions, child abuse, and healthcare and support for children facing abuse, neglect, or distress
Institute to Contact:	1098 or 9311551393
Email:	dcpcr@hotmail.com or delhichildrightscommission@gmail.com

C. Helpline for Senior Citizen

Purpose:	Provides guidance, emotional support, and intervention for abuse and rescue, safety and security assistance for elderly residents
Implementing Agency:	National Institute of Social Defence
Assistance:	Offers help for senior citizens facing distress or security concerns, provides guidance, emotional support, and intervention for abuse and rescue, offers legal aid, healthcare support, and emergency assistance for elderly individuals, provides counseling, welfare programs, and advocacy for senior citizens

Institute to Contact:	011-20893999 or 011-20893995
Email:	elderline-ind@gov.in. doss@nic.in

D. Helpline for Cyber Crime

Purpose:	To provide immediate assistance, legal aid, and investigation support for victims of online fraud, hacking, identity theft, and cyber harassment. It connects individuals with law enforcement agencies, cyber security experts, and digital forensic teams to ensure swift action against cyber criminals
Implementing Agency:	Indian Cybercrime Coordination Centre
Assistance:	Provides assistance programs for victims of cyber crime, including helplines, legal aid, investigation support, and cyber security awareness and an auto FIR system for cyber fraud cases above ₹10 lakh
Institute to Contact:	1930
Email:	shocyber.nd@delhipolice.gov.in

E. Helpline for Suicide Prevention

Purpose:	To provide immediate emotional support, crisis intervention, and mental health assistance to individuals experiencing distress or suicidal thoughts
Implementing Agency:	National Suicide Prevention Helpline
Assistance:	To provide immediate emotional support, crisis intervention, and mental health guidance to individuals experiencing distress, suicidal thoughts, or emotional trauma, with the aim of preventing suicide, reducing mental health stigma, and connecting callers to long-term support services
Institute to Contact:	011-46018404, +91-9315767849
Email:	help@snehaindia.org or sumaitringo@yahoo.in. or sanjivini1971@gmail.com

3.2.5 Uttar Pradesh

A. Helpline for Women/Women in Distress

Purpose:	To provide immediate assistance, protection, and legal support to women facing harassment, domestic violence, abuse, and other distressing situations
Implementing Agency:	Uttar Pradesh State Commission for Women
Assistance:	Address harassment and safety concerns, Offers confidential support and ensures that victims do not need to visit a police station to file complaints, provides legal aid, counseling, and intervention services for women facing distress
Institute to Contact:	181
Website/email:	wpl1090up@gmail.com. or upscw@nic.in

B. Helpline for Children

Purpose:	To provide immediate assistance, protection, and welfare services for children in distress
Implementing Agency:	Department of Women and Child Development, Government of Uttar Pradesh
Assistance:	Assist children in need of care and protection, provides assistance for children facing abuse, neglect, or distress, offers welfare programs and support services for children
Institute to Contact:	1098
Website/email:	adglo.up@nic.in

C. Helpline Numbers for Senior Citizen

Purpose:	To provide guidance, emotional support, and intervention for abuse and rescue
Implementing Agency:	Department of Social Welfare, Government of Uttar Pradesh
Assistance:	Offering guidance, emotional support, and intervention for abuse and rescue, provides information on welfare schemes, legal aid, and old-age homes, offers financial assistance, healthcare support, and pension schemes for senior citizens

Institute to Contact:	14567
Website/email:	director.sw@dirsamajkalyan.in. Or commissioner.sw@dirsamajkalyan.in

D. Helpline for Cyber Crime

Purpose:	To provide immediate assistance, legal aid, and investigation support for victims of online fraud, hacking, identity theft, and cyber harassment
Implementing Agency:	Uttar Pradesh Police Cyber Crime Wing
Assistance:	Assist for financial cyber fraud complaints; offers assistance for victims of online fraud, hacking, and identity theft; allows victims to report cyber crimes, including child exploitation and financial fraud
Institute to Contact:	1930
Website/email:	sp-cyber.lu@up.gov.in

E. Helpline for Suicide Prevention

Purpose:	To provide immediate emotional support, crisis intervention, and mental health assistance to individuals experiencing distress or suicidal thoughts
Implementing Agency:	TeleMANAS
Assistance:	Offering confidential mental health support; provides emotional support for individuals struggling with suicidal thoughts,
Institute to Contact:	09820466726
Website/email:	help@jeevanaastha.com

Arz (anyay rahit zindagi) is a development organization working towards combating Human Trafficking for commercial sexual exploitation in INDIA.

Arz (anyay rahit zindagi) was awarded (by the Ministry of Home Affairs, Government of India in 2011) for ‘Outstanding work done by an Ngo in the field of anti-human trafficking for the year 2011’. The Ministry of Women & Child Development, Government of India in 2014 awarded the “Stree Shakti Puraskar (Ahilya Bai Holkar)” to Arz for its outstanding contribution towards socio-economic development of women.

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